GOLDMAN STEVEN J

Form 4

December 19, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005

0.5

OMB APPROVAL

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

burden hours per response...

Estimated average

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * GOLDMAN STEVEN J			2. Issuer Name and Ticker or Trading Symbol POWER ONE INC [PWER]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Check an applicable)		
			(Month/Day/Year)	X Director 10% Owner		
740 CALLE PLANO			12/16/2005	X Officer (give title Other (specify below)		
				Chairman, CEO		
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
			Filed(Month/Day/Year)	Applicable Line)		
CAMARILLO, CA 93012				_X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		

(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securit on(A) or Di (Instr. 3,	sposed	of (D)	5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				(A) or		Reported Transaction(s) (Instr. 3 and 4)		
Common		Code V	Amount	(D)	Price \$	(mair b and 1)		
Stock	12/16/2005	S	16	D	6.67	3,016,150	D	
Common Stock	12/16/2005	S	2,700	D	\$ 6.68	3,013,450	D	
Common Stock	12/16/2005	S	7,856	D	\$ 6.69	3,005,594	D	
Common Stock	12/16/2005	S	8,084	D	\$ 6.7	2,997,510	D	
Common Stock	12/16/2005	S	8,500	D	\$ 6.71	2,989,010	D	

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Common Stock	12/16/2005	S	2,500	D	\$ 6.72	2,986,510	D	
Common Stock	12/16/2005	S	3,100	D	\$ 6.73	2,983,410	D	
Common Stock	12/16/2005	S	10,144	D	\$ 6.74	2,973,266	D	
Common Stock	12/16/2005	S	22,301	D	\$ 6.75	2,950,965	D	
Common Stock	12/16/2005	S	18,500	D	\$ 6.76	2,932,465	D	
Common Stock	12/16/2005	S	7,674	D	\$ 6.77	2,924,791	D	
Common Stock	12/16/2005	S	4,144	D	\$ 6.78	2,920,647	D	
Common Stock	12/16/2005	S	20,088	D	\$ 6.8	2,900,559	D	
Common Stock	12/16/2005	S	4,530	D	\$ 6.81	2,896,029	D	
Common Stock	12/16/2005	S	500	D	\$ 6.82	2,895,529	D	
Common Stock	12/16/2005	S	2,900	D	\$ 6.85	2,892,629	D	
Common Stock	12/16/2005	S	1,800	D	\$ 6.86	2,890,829	D	
Common Stock	12/16/2005	S	100	D	\$ 6.95	2,890,729	D	
Common Stock	12/16/2005	S	1,100	D	\$ 6.96	2,889,629	D	
Common Stock	12/16/2005	S	1,300	D	\$ 6.97	2,888,329	D	
Common Stock	12/16/2005	S	2,763	D	\$ 6.99	2,885,566	D	
Common Stock						25,309	I	By Shares Held via Ltd. Liab. Corp.

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date		4.	5.	6. Date Exerc		7. Title		8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	orNumber	Expiration D	ate	Amou	nt of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	lying	Security	Secur
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securi	ties	(Instr. 5)	Bene
	Derivative				Securities			(Instr.	3 and 4)		Own
	Security				Acquired						Follo
					(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
									Amount		
						Date	Expiration		or		
						Exercisable	Date	Title	Number		
						Excicisable	Date		of		
				Code V	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
GOLDMAN STEVEN J 740 CALLE PLANO CAMARILLO, CA 93012	X		Chairman, CEO					

Signatures

By: Randall H. Holliday, Attorney-in-Fact for

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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