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MCADAMS	JOSEPH E										
Form 4											
December 3										APPROVAL	
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549							N OMB Number:	3235-0287			
Check th if no long	10r							Expires:	January 31, 2005		
subject to STATEMENT OF CHANG Section 16. S Form 4 or				SECUR	RITIES				Estimated burden he response	d average ours per	
Form 5 obligatio may cont <i>See</i> Instru 1(b).	ns Section 17	(a) of the	Public U		ding Con	ipany	Act of	ge Act of 1934, of 1935 or Secti 940	on		
(Print or Type I	Responses)										
MCADAMS JOSEPH E S				2. Issuer Name and Ticker or Trading Symbol ANWORTH MORTGAGE ASSET CORP [ANH]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest TransactionX_ Director						0% Owner		
ASSET CO	ORTH MORTGA RPORATION, VENUE, SECOI	1299	(Month/I 12/29/2	Day/Year) 008				_X_ Officer (gi below) Executive	ve title C below) e Vice Presider	other (specify	
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)			 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person 					
SANTA MO	ONICA, CA 904	01						Form filed by Person			
(City)	(State)	(Zip)	Tab	le I - Non-I	Derivative	Secur	ities Ac	equired, Disposed	of, or Benefic	ially Owned	
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Year) Execution any	Deemed3.4. Securities Acquiredcution Date, ifTransactior(A) or Disposed of CodeCodenth/Day/Year)(Instr. 8)(Instr. 3, 4 and 5)		l of	SecuritiesOwnershipIndBeneficiallyForm: DirectBeneficiallyOwned(D) orOwned		7. Nature of Indirect Beneficial Ownership (Instr. 4)			
				Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)		
Common Stock	12/29/2008			А	95,846 (1)	А	\$0	241,108	D		
Common Stock								33,700 <u>(2)</u>	Ι	McAdams Foundation	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. orNumber of Derivativ Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	3	te	7. Title and A Underlying S (Instr. 3 and	Securities	8. Pri Deriv Secu (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Option (right to buy)	\$ 9.45					01/21/2002	01/21/2012	Common Stock	54,000	
Stock Option (right to buy)	\$ 11.2					10/04/2002	10/04/2012	Common Stock	75,000	
Stock Option (right to buy)	\$ 13.8					05/01/2003	05/01/2013	Common Stock	82,900	
Stock Option (right to buy)	\$ 12.47					04/20/2004	04/20/2009	Common Stock	75,000	

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
MCADAMS JOSEPH E C/O ANWORTH MORTGAGE ASSET CORPORATION 1299 OCEAN AVENUE, SECOND FLOOR SANTA MONICA, CA 90401	Х		Executive Vice President & CIO			

Signatures

**Signature of

Reporting Person

Joseph E. McAdams

12/31/2008

	D	ate

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares were granted pursuant to the Anworth Mortgage Asset Corporation 2004 Equity Commpensation Plan and his Employment Agreement in consideration for services rendered.
- (2) Shares held by the McAdams Foundation, of which Mr. McAdams is a director.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.