

ENERPLUS RESOURCES FUND

Form 6-K

September 30, 2004

FORM 6-K

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

**Report of Foreign Issuer pursuant to Rule 13-a-16 or 15d-16
of the Securities Exchange Act of 1934**

FOR THE MONTH OF SEPTEMBER, 2003

COMMISSION FILE NUMBER 1-15150

The Dome Tower

Suite 3000, 333 7th Avenue S.W.

Calgary, Alberta

Canada T2P 2Z1

(403) 298-2200

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Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F ☐ Form 40-F ☒

Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(1)

Yes ☐ No ☒

Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(7)

Yes ☐ No ☒

Indicate by check mark whether, by furnishing the information contained in this Form, the registrant is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the securities Exchange Act of 1934.

Yes ☐ No ☒

EXHIBIT INDEX

EXHIBIT 1 ENERPLUS RESOURCES FUND ANNOUNCES CASH DISTRIBUTION

ENERPLUS RESOURCES FUND

DATE: September 30, 2004