GRISWELL J BARRY

Form 4

December 19, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0

Check this box if no longer subject to

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

Number: 3235-0287 Expires: January 31,

2005

OMB APPROVAL

subject to Section 16. Form 4 or Form 5 ATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Estimated average burden hours per response... 0.5

Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * GRISWELL J BARRY			2. Issuer Name and Ticker or Trading Symbol PRINCIPAL FINANCIAL GROUP INC [PFG]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last) 711 HIGH STF	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 12/15/2005	_X_ Director 10% Owner _X_ Officer (give title Other (specify below) Chairman, President/CEO		
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person		
DES MOINES	, IA 50392			Form filed by More than One Reporting Person		

(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1.Title of 2. Transaction Date 2A. Deemed 3. 4. Securities Acquired 5. Amount of 6. 7. Nature of Security (Month/Day/Year) Execution Date, if Transaction(A) or Disposed of (D) Securities Ownership Indirect (Instr. 3) (Instr. 3, 4 and 5) Form: Direct Beneficial Code Beneficially (Month/Day/Year) (Instr. 8) Owned (D) or Ownership Following Indirect (I) (Instr. 4) Reported (Instr. 4) (A) Transaction(s) (Instr. 3 and 4) Code V Amount (D) Price Common $S^{(1)}$ 12/15/2005 1,000 D $126,492^{(2)}$ D Stock 49.87 Common $S^{(1)}$ 12/15/2005 400 D $126,092 \stackrel{(2)}{=}$ D Stock Common $S^{(1)}$ 12/15/2005 1,500 D $124,592 \frac{(2)}{2}$ D Stock Common $S^{(1)}$ \$ 49.9 12/15/2005 1,500 D $123,092^{(2)}$ D Stock Common 12/15/2005 $S^{(1)}$ 400 D $122,692 \frac{(2)}{}$ D 49.91 Stock

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Common Stock	12/15/2005	S(1)	200	D	\$ 49.92	122,492 (2)	D	
Common Stock	12/15/2005	S <u>(1)</u>	200	D	\$ 49.94	122,292 (2)	D	
Common Stock	12/15/2005	S(1)	1,300	D	\$ 49.95	120,992 (2)	D	
Common Stock	12/15/2005	S(1)	1,500	D	\$ 49.96	119,492 (2)	D	
Common Stock	12/15/2005	S(1)	700	D	\$ 49.97	118,792 (2)	D	
Common Stock	12/15/2005	S <u>(1)</u>	2,200	D	\$ 49.98	116,592 (2)	D	
Common Stock	12/15/2005	S <u>(1)</u>	6,600	D	\$ 49.99	109,992 (2)	D	
Common Stock	12/15/2005	S(1)	3,900	D	\$ 50	106,092 (2)	D	
Common Stock	12/15/2005	S(1)	1,700	D	\$ 50.01	104,392 (2)	D	
Common Stock	12/15/2005	S <u>(1)</u>	500	D	\$ 50.02	103,892 (2)	D	
Common Stock	12/16/2005	M <u>(1)</u>	54,260	A	\$ 27.48	158,152 (2)	D	
Common Stock	12/16/2005	S(1)	19,014	D	\$ 49.79	139,138 (2)	D	
Common Stock						378	I	By 401(k) Plan
Common Stock						175	I	By Spouse

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exercisable and	7. Title and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transaction	orNumber	Expiration Date	Amount of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/Year)	Underlying	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivativ	re	Securities	(Instr. 5)	Bene
	Derivative				Securities	S	(Instr. 3 and 4)		Own
	Security				Acquired				Follo
					(A) or				Repo

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Disposed of (D) (Instr. 3, 4, and 5)

Code V (A) (D) Date Exercisable

Expiration Title Amount Date

or Number Trans

(Insti

of Shares

Reporting Owners

Reporting Owner Name / Address	Relationships						
F 8	Director	10% Owner	Officer	Other			
GRISWELL J BARRY 711 HIGH STREET DES MOINES, IA 50392	X		Chairman, President/CEO				
Signatures							

Signatures

Joyce N. Hoffman, by Power of Attorney

12/19/2005

**Signature of Reporting Person

Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Pursuant to a 10b5-1 plan adopted September 15, 2005, and amended November 9, 2005.
- Includes 2,292 shares acquired pursuant to the Principal Financial Group, Inc. Employee Stock Purchase Plan.

Remarks:

This is the second of the two Form 4s filed by the reporting person on the same date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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