

PRINCIPAL FINANCIAL GROUP INC
 Form 4
 June 11, 2007

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0287
 Expires: January 31, 2005
 Estimated average burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 ZIMPLEMAN LARRY D

2. Issuer Name and Ticker or Trading Symbol
 PRINCIPAL FINANCIAL GROUP INC [PFG]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
 711 HIGH STREET
 (Street)

3. Date of Earliest Transaction (Month/Day/Year)
 06/07/2007

____ Director _____ 10% Owner
 Officer (give title below) _____ Other (specify below)
 President and COO

DES MOINES, IA 50392

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
				(A) or (D)	Price				
Common Stock	06/07/2007		M ⁽¹⁾	V	24,177	A	\$ 27.57	47,651 ⁽²⁾	D
Common Stock	06/07/2007		S ⁽¹⁾		200	D	\$ 59.42	47,451 ⁽²⁾	D
Common Stock	06/07/2007		S ⁽¹⁾		200	D	\$ 59.43	47,251 ⁽²⁾	D
Common Stock	06/07/2007		S ⁽¹⁾		1,800	D	\$ 59.61	45,451 ⁽²⁾	D
Common Stock	06/07/2007		S ⁽¹⁾		200	D	\$ 59.67	45,251 ⁽²⁾	D

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Common Stock	06/07/2007	S ⁽¹⁾	100	D	\$ 59.75	45,151 ⁽²⁾	D
Common Stock	06/07/2007	S ⁽¹⁾	700	D	\$ 59.76	44,451 ⁽²⁾	D
Common Stock	06/07/2007	S ⁽¹⁾	500	D	\$ 59.77	43,951 ⁽²⁾	D
Common Stock	06/07/2007	S ⁽¹⁾	100	D	\$ 59.78	43,851 ⁽²⁾	D
Common Stock	06/07/2007	S ⁽¹⁾	1,200	D	\$ 59.79	42,651 ⁽²⁾	D
Common Stock	06/07/2007	S ⁽¹⁾	400	D	\$ 59.8	42,251 ⁽²⁾	D
Common Stock	06/07/2007	S ⁽¹⁾	677	D	\$ 59.82	41,574 ⁽²⁾	D
Common Stock	06/07/2007	S ⁽¹⁾	1,195	D	\$ 59.83	40,379 ⁽²⁾	D
Common Stock	06/07/2007	S ⁽¹⁾	600	D	\$ 59.84	39,779 ⁽²⁾	D
Common Stock	06/07/2007	S ⁽¹⁾	900	D	\$ 59.85	38,879 ⁽²⁾	D
Common Stock	06/07/2007	S ⁽¹⁾	1,600	D	\$ 59.86	37,279 ⁽²⁾	D
Common Stock	06/07/2007	S ⁽¹⁾	2,504	D	\$ 59.87	34,775 ⁽²⁾	D
Common Stock	06/07/2007	S ⁽¹⁾	2,426	D	\$ 59.88	32,349 ⁽²⁾	D
Common Stock	06/07/2007	S ⁽¹⁾	3,764	D	\$ 59.89	28,585 ⁽²⁾	D
Common Stock	06/07/2007	S ⁽¹⁾	5,111	D	\$ 59.9	23,474 ⁽²⁾	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)
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Derivative Security			Code	or Disposed of (D)		Date Exercisable	Expiration Date	Title	Amount or Number of Share
				(A)	(D)				
Employee Stock Option (Right to Buy)	\$ 27.57	06/07/2007	M ⁽¹⁾		24,177	02/24/2006	02/25/2013	Common Stock	24,177

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
ZIMPLEMAN LARRY D 711 HIGH STREET DES MOINES, IA 50392			President and COO	

Signatures

Joyce N. Hoffman, by Power of Attorney
Date: 06/11/2007

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Pursuant to a 10b5-1 plan adopted May 25, 2007.
- (2) Includes 2,156 shares acquired pursuant to the Principal Financial Group, Inc. Employee Stock Purchase Plan.

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