ADAMS W ANDREW

Form 5

February 10, 2012

By Springland

1 cordary 10, 201	. <b>4</b>											
FORM 5									PROVAL			
		TES SECURITI	ES AND EX	<b>XCHAN</b>	GE (	COM	MISSION	OMB Number:	3235-0362			
Check this box no longer subject		Washin	Washington, D.C. 20549					Expires:	January 31, 2005			
to Section 16. Form 4 or Form 5 obligations may continue.	ANNUA		TATEMENT OF CHANGES IN BENEFI OWNERSHIP OF SECURITIES				CIAL	Estimated a burden hour response	verage			
See Instruction 1(b). Form 3 Holding Reported Form 4 Transactions Reported	s Section 17(a) o	nt to Section 16(a) f the Public Utility 30(h) of the Invest	Holding Co	mpany A	Act o	f 1935						
1. Name and Addre ADAMS W AN	ss of Reporting Pers DREW	Symbol NATIONAl	2. Issuer Name <b>and</b> Ticker or Trading Symbol NATIONAL HEALTH INVESTORS INC [NHI]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(Last)	_A_D				ector 10% Owner cer (give title below) Other (specify below)							
222 ROBERT R	OSE DRIVE	12/01/2011										
	(Street)	4. If Amendmo	_	nal		6. Inc	lividual or Joir	nt/Group Repo	orting			
							(check a	applicable line)				
MURFREESBO	ORO, TN 371	29					Form Filed by Or orm Filed by Mo					
(City)	(State) (Zip	Table I -	Non-Derivativ	e Securiti	es Ac	quired,	Disposed of,	or Beneficiall	y Owned			
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Year		3. Transaction Code (Instr. 8)	4. Secur Acquired Disposed (Instr. 3,	d (A) o d of (I 4 and	) Beneficially		Form:				
				Amount	(A) or (D)	Price	(Instr. 3 and 4)	,	Common			
Common Stock	Â	Â	Â	Â	Â	Â	9,707	I	Stock held by Spouse			
Common Stock By Amk, L.p.	Â	Â	Â	Â	Â	Â	732,784	D	Â			
Common Stock	Â	Â	Â	Â	Â	Â	44,000	D	Â			

Ventures, L.p.									
Common Stock by W. Andrew Adams Exempt & Non Exempt Trust	Â	Â	Â	Â	Â	Â	41,551	D	Â
Common Stock By Adams Family Foundation II	Â	Â	Â	Â	Â	Â	222,307	I	Trustee
Common Stock by EMA, L.P.	Â	Â	Â	Â	Â	Â	341,802	I	Trustee
Common Stock by JMA Grandchildren's Trust	Â	Â	Â	Â	Â	Â	12,635	I	Trustee
Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.			Persons who re	SEC 2270 (9-02)					

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

the form displays a currently valid OMB control number.

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Titl	e and	8. Price of	
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transaction	Number	Expiration D	ate	Amou	nt of	Derivative	
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	lying	Security	
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	•		Securi	ities	(Instr. 5)	
	Derivative				Securities			(Instr.	3 and 4)		
	Security				Acquired						
					(A) or						
					Disposed						
					of (D)						
					(Instr. 3,						
					4, and 5)						
									Amount		
									or		
						Date	Expiration	Title	Number		
						Exercisable	Date	10	of		
					(A) (D)				Shares		
					( / ( )						

## **Reporting Owners**

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
ADAMS W ANDREW 222 ROBERT ROSE DRIVE MURFREESBORO, TN 37129	ÂX	Â	Â	Â				

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## **Signatures**

/s/W. Andrew Adams 02/10/2012

\*\*Signature of Date
Reporting Person

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

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## **Remarks:**

Mr. Adams no longer has beneficial ownership of the shares of Common Stock previously attributed.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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