STERLING FINANCIAL CORP /WA/

Form 4

March 17, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

Common

Common

Stock

Stock

(Print or Type Responses)

1. Name and Address of Reporting Person * Eckhardt Ezra			2. Issuer Name and Ticker or Trading Symbol STERLING FINANCIAL CORP /WA/ [STSA]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) 111 N. WA	(First) (1	Middle)	3. Date of Earliest Transaction (Month/Day/Year) 03/13/2014						Director 10% Owner X Officer (give title Other (specify below) below) COO - Sterling Financial Corp.			
				mendment, Date Original Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owne									ly Owned			
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or				equired I of (D) 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect		
Common Stock	03/13/2014			Code V	/	Amount 11,240	(D)	Price (1)	77,121	D		
Common Stock	03/13/2014			F		3,075	D	\$ 33.03	74,046	D		

13,340

925

I

Ι

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

401k Plan

Spouse

IRA

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Restricted Stock Unit	<u>(2)</u>	03/13/2014		M		11,240	(2)	03/13/2015	Common Stock	11,240

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Eckhardt Ezra

111 N. WALL STREET COO - Sterling Financial Corp.

SPOKANE, WA 99201

Signatures

/s/ Lara L. Hemingway, attorney-in-fact

03/17/2014

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents the vesting and settlement of 11,240 shares of Sterling common stock pursuant to restricted stock units vested on March 13, 2014.
- Each restricted stock unit represented a contingent right to receive one share of Sterling common stock originally granted on March 13, 2012. 75% of the restricted stock units vested on March 13, 2014. The remaining 25% of the restricted stock units are scheduled to vest on March 13, 2015.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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