

CLEVELAND RUSSELL
Form 5
July 20, 2010

FORM 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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Form 3 Holdings Reported Form 4 Transactions Reported

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person *
CLEVELAND RUSSELL

2. Issuer Name and Ticker or Trading Symbol
Access Plans Inc [ALHC]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year)
04/01/2009

Director 10% Owner
 Officer (give title below) Other (specify below)

8080 N. CENTRAL EXPRESSWAY
SUITE 210 LB,Â

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Reporting

(check applicable line)

DALLAS,Â TXÂ 75206

Form Filed by One Reporting Person
 Form Filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	06/25/2010	06/25/2010	P5	100,000 A	\$ 97,000	895,840 I ⁽¹⁾	Renaissance US Growth Invest Trust PLC

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Option	\$ 6.71	04/01/2009	Â	A	734	Â	04/01/2009	04/01/2014	Common	734
Option	\$ 6.86	04/01/2009	Â	A	1,101	Â	04/01/2009	04/01/2014	Common	1,101
Option	\$ 0.85	04/01/2009	Â	A	2,234	Â	04/01/2009	04/01/2014	Common	2,234
Option	\$ 6.71	04/01/2009	Â	A	2,621	Â	04/01/2009	04/01/2014	Common	2,621
Option	\$ 6.86	04/01/2009	Â	A	3,931	Â	04/01/2009	04/01/2014	Common	3,931
Option	\$ 0.85	04/01/2009	Â	A	7,766	Â	04/01/2009	04/01/2014	Common	7,766

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
CLEVELAND RUSSELL 8080 N. CENTRAL EXPRESSWAY SUITE 210 LB DALLAS, TX 75206	Â X	Â	Â	Â
RENAISSANCE US GROWTH INVESTMENT TRUST PLC 8080 N. CENTRAL EXPRESSWAY SUITE 210, LB-59 DALLAS, TX 75206	Â	Â X	Â	Â
RENN Global Entrepreneurs Fund, Inc. 8080 N CENTRAL EXPRWY STE 210 LB59 DALLAS, TX 75206	Â	Â X	Â	Â

RENN Capital Group, Inc.
8080 N. CENTRAL EXPRESSWAY
DALLAS, TX 75206

^ ^ X ^ ^

Signatures

/s/ Russell
Cleveland

07/20/2010

__Signature of
Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- (1) Shares are held in Renaissance US Growth Invest Trust PLC.
- (2) Shares are held in RENN Global Entrepreneurs Fund Inc.

Shares are held in RENN Capital Group Inc. Russell Cleveland is President of RENN Capital Group Inc., Investment Advisor to RENN

- (3) Global Entrepreneurs Fund, Inc., and therefore may be considered to be beneficial owner of such shares. Russell Cleveland disclaims such beneficial ownership.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.