Palmby Paul Laurence Form 4 August 11, 2011

# FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287 January 31,

**OMB APPROVAL** 

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: 2005
Estimated average burden hours per response... 0.5

5. Relationship of Reporting Person(s) to

(Check all applicable)

Issuer

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

Seneca Foods Corp [SENEA]

Symbol

1(b).

(Print or Type Responses)

Palmby Paul Laurence

1. Name and Address of Reporting Person \*

(Last)	(First)	(Middle)	3. Date of	Earliest Tra	nsaction							
3736 SOUTH MAIN STREET				(Month/Day/Year) 08/10/2011					Director 10% Owner _X Officer (give title Other (specify below)  Chief Operating Officer			
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
MARION, NY 14505									Form filed by More than One Reporting Person			
(City)	Table	e I - Non-De	erivative S	Securi	ties Ac	quired, Disposed of, or Beneficially Owned						
1.Title of Security (Instr. 3)	2. Transaction D (Month/Day/Yes	ar) Execu	cution Date, if TransactionAcquired (A) or Code Disposed of (D) onth/Day/Year) (Instr. 8) (Instr. 3, 4 and 5)  (A) or			))	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
Seneca Foods Class A Common	08/10/2011			A	2,434	A	<u>(3)</u>	10,543	D			
Seneca Foods Class A Common								2,360	I	401-K <u>(1)</u>		
Seneca Foods Class B Common								481	I	401-K (1)		
Seneca Foods Class								300	D (2)			

#### **B** Common

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (Instr.	8)	of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Amor Unde Secur	le and ant of rlying ities . 3 and 4)	8. Price of Derivative Security (Instr. 5)
				Code	V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	

# **Reporting Owners**

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Palmby Paul Laurence 3736 SOUTH MAIN STREET MARION, NY 14505

Chief Operating Officer

#### **Signatures**

Jeffrey L. Van Riper, As Attorney in Fact 08/11/2011

\*\*Signature of Reporting Person Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 401-K match and elective holdings.
- (2) These shares were acquired in lieu of cash compensation pursuant to the Company's Executive Profit Sharing Bonus Plan.

Award of restricted stock pursuant to the Company's 2007 Equity Incentive Plan, which was approved by the shareholders of the (3) Company on August 10, 2007. No price was paid by the Reporting Person in connection with this award of shares of restricted stock which vests 25% per year over the next four years.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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#### Edgar Filing: Palmby Paul Laurence - Form 4

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