AMERICAN RESOURCES & DEVELOPMENT CO Form 10KSB January 23, 2008

#### **UNITED STATES** SECURITIES AND EXCHANGE COMMISSION **WASHINGTON, DC 20549**

#### FORM 10-KSB

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x ANNUAL REPORT UNDER SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934 For the fiscal year ended March 31, 2007 or o TRANSITION REPORT UNDER SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934 For the transition period from \_\_\_\_\_to\_\_\_ Commission file number 000-18865 **American Resources & Development Company** (Name of small business Issuer in Its Charter) Utah 87-0401400 (State or Other (I.R.S. Employer Identification Number) Jurisdiction of Incorporation or Organization) 5891 Sagewood, Murray, 84107 Utah (Address of Principal (Zip Code) Executive Offices)

(801) 230 1030 (Issuer's Telephone Number)

Securities registered under Section 12(b) of the Exchange Act: None

Securities registered under Section 12(g) of the Exchange Act:

Common Stock, par value \$0.001 (Title of Class)

Check whether issue is not required to file reports pursuant to Section 13 or 15(d) of the Exchange Act. o

Check whether the issuer (1) filed all reports required to be filed by Section 13 or 15(d) of the Exchange Act during the past 12 months (or for such shorter period that the registrant was required to file such reports), and (2) has been subject to such filing requirements for the past 90 days. Yes oNo o

Check if there is no disclosure of delinquent filers in response to Item 405 of Regulation S-B contained in this form, and no disclosure will be contained, to the best of registrant's knowledge, in definitive proxy or information statements incorporated by reference in Part III of this Form 10-KSB or any amendment to this Form 10-KSB.o

Indicate by check mark whether the registrant is a shell company (as defined in Rule 12b-2 of the Exchange Act). o

Issuer's revenues for its most recent fiscal year were: \$499,313

As of March 31, 2007, the aggregate market value of the voting stock of the issuer held by non-affiliates computed by reference to the price at which the common equity was sold, or the average bid and asked prices of such common equity was \$466,474.

As of March 31, 2007 there were 467,039,666 outstanding shares of common stock, par value \$0.001.

Documents incorporated by reference: None.

Transitional Small Business Format: Yes oNo o

#### **Cautionary Notice Regarding Forward Looking Statements**

"American Resources & Development Company," the "company," "we," "us" or "our" refers to American Resources & Development Company, a Utah corporation, and its subsidiaries, except where otherwise indicated or required by context. This report contains a number of forward-looking statements that reflect management's current views and expectations with respect to our business, strategies, future results and events and financial performance. All statements made in this Annual Report other than statements of historical fact, including statements that address operating performance, events or developments that management expects or anticipates will or may occur in the future, including statements related to revenues, cash flow, profitability, adequacy of funds from operations, statements expressing general optimism about future operating results and non-historical information, are forward looking statements. In particular, the words "believe," "expect," "intend," "anticipate," "estimate," "may," and any variations of such words, and similar expressions identify forward-looking statements, but are not the exclusive means of identifying such statements and their absence does not mean that the statement is not forward-looking. These forward-looking statements are subject to certain risks and uncertainties, including those discussed below. Our actual results, performance or achievements could differ materially from historical results as well as those expressed in, anticipated or implied by these forward-looking statements. We do not undertake any obligation to revise these forward-looking statements to reflect any future events or circumstances.

Readers should not place undue reliance on these forward-looking statements, which are based on management's current expectations and projections about future events, are not guarantees of future performance, are subject to risks, uncertainties and assumptions (including those described below) and apply only as of the date of this report. Our actual results, performance or achievements could differ materially from the results expressed in, or implied by, these forward-looking statements. Factors that could cause or contribute to such differences include, but are not limited to, those discussed below in "Risk Factors" as well as those discussed elsewhere in this report, and the risks discussed in our press releases and other communications to shareholders issued by us from time to time which attempt to advise interested parties of the risks and factors that may affect our business. We undertake no obligation to publicly update or revise.

#### **PART I**

#### ITEM 1. DESCRIPTION OF BUSINESS

#### (a) Business Development

American Resources & Development Company ("ARDCO" or "the Company"), formerly known as Leasing Technology, Incorporated, was incorporated in Utah on March 21, 1983. On February 20, 1997 its name was changed to American Resources and Development Company. When used throughout this document, unless the context suggests otherwise, the "Company" refers to ARDCO and/or its subsidiaries.

#### Leasing Technology Incorporated

As Leasing Technology Incorporated ("LTI"), the Company was engaged in the venture capital business offering consulting expertise to selected business opportunities and also was engaged in developing certain residential and recreational real estate projects. In 1990, the Company acquired the Palm Lakes real estate development near St. George, Utah. In 1991, the name of the development was changed to the Red Hawk(R) Country Club. Also in 1991, the Company purchased two residential developments in St. George consisting of condominiums, cottages, and single family dwelling lots known as Cotton Manor and Cotton Acres respectively.

In December 1992, the Company assigned all of its real estate holdings in Red Hawk(R) Country Club, Cotton Manor and Cotton Acres to Golf Ventures, Inc. ("GVI"), a publicly held Utah Corporation, in exchange for 3,273,728 shares of GVI common stock, which represented approximately 86% of GVI's total outstanding shares. GVI further agreed to assume all obligations related to the acquired real estate. In 1994, the name Red Hawk(R) Country Club was changed to Red Hawk(R) International Golf & Country Club

Until December, 1997, GVI's assets consisted of the Red Hawk International Golf & Country Club, Cotton Manor, and Cotton Acres, real estate developments located near St. George, Utah. In November 1997, GVI merged with Golf Communities of America "GCA." Golf Communities of America was the controlling company in this merger and subsequent to the merger the combined company's name changed to Golf Communities of America ("GCA"). This merger resulted in a less than 20% ownership in GVA by the Company. In 1999 GCA filed Chapter 11 bankruptcy which was subsequently converted to Chapter 7. Since that time the company's investment in GCA has been valued at \$-0-.

#### Amendment to Articles of Incorporation:

On May 10, 2004, the company amended its articles of incorporation to increase to the authorized common stock of the Company to 500,000,000 shares, par value \$0.001 per share.

#### (b) Business of Issuer:

On June 15<sup>th</sup>, 2004, the company acquired Springfield Finance & Mortgage, LLC ("SFM") from Springfield Investments, Inc., a shareholder of the Company, in exchange for 12,500,000 shares of its common stock. SFM was in the business of providing financing for new home construction.

The Company, through its wholly owned subsidiary SFM, has provided financing for real estate development and new home construction, in Washington County, Utah by making loans secured by first trust deeds. The Company has loaned money to contractors who are building new homes and to developers who require financing to develop raw acreage into sub-divisions. In addition to being secured by first trust deeds, all loans have required that borrowers have full insurance coverage on every project being financed.

By March 31, 2007, the real estate market in Washington County, Utah had slowed considerably so the Company terminated its business of providing financing for real estate development; and focused on investing in the 'Futures Options market'. On April 18, 2007 it opened account number 396-44607 with Infinity Brokerage Services, 111 W Jackson Blvd., Suite 2010, Chicago, IL 60604; and engaged the services of MSI Trading, 836 Wingate Pl, Rockton IL 61072; to assist in trading Option contracts in the S & P 500 Futures Options market. On May 31, 2007, in order to receive better executions and commissions on trades the account at Infinity was transferred to Brewer Futures Group, LLC, 200 S. Michigan Avenue, 21st Floor, Chicago, IL 60604.

There are no limitations on the percentage of the Company's assets which the Company may invest in any one investment, or type of investment. Any Company policy regarding such investments may be changed without a vote of the Company's shareholders. It is the Company's policy to make investments primarily for income, though assets also may be acquired for possible capital gain.

#### Description of the Option Contracts the Company invests in:

Our goal is to take advantage of the markets trading RANGE rather than its DIRECTION. We sell Out-of-the-Money Call and Put Option contracts on the S&P 500 Futures (the underlying) market and receive a credit on each trade. We then take advantage of the time decay of these Out-Of-The-Money options as the market stays between our two selected Strike Price levels. This strategy is called a Short Strangle. Profits (and or losses) are earned from the credit (premium) received and the time decay of the option contracts. Positions are generally closed out and new positions entered after the third Friday of each month, thus there are approximately 12 trading periods each year. The 30 day liquidity period allows us to properly analyze and evaluate the recent trading range of the market; and, to keep pace with the ever changing value of the S&P 500 Futures price. The re-positioning of trades for each succeeding month is a critical component in controlling risk. From a cash management perspective this concept provides excellent liquidity. Call Option Strike Prices are usually sold 100 points. ABOVE the value of the underlying while Put Option Strike Prices are usually sold 125-200 points BELOW the underlying.

#### **Business Strategy**

The Company believes that one of the easiest ways to be consistently successful in the financial markets is to use a 'Short Strangle Strategy' to trade S & P 500 Futures Options. The Company believes this method of trading reduces stress and anxiety and insures the Company of the highest probability of success.

The Short Strangle Strategy allows the opportunity to trade the RANGE of the S&P 500 Futures Options market rather than the DIRECTION. If the market stays between the range of the market prices selected, the desired profit is earned. The Company endeavors to sell high Strike Price Call Options, and at the same time sell low Strike Price Put Options. The time decay of the credit (premium) received from each trade is where the profit (or loss) comes from. We use S&P 500 Futures Options because there is more volume and liquidity in that market.

To maintain liquidity for cash management requirements, new positions are generally sold just following the third Friday of each month (expiration date); and, at other times during the month if market conditions warrant. This allows us to analyze the S&P 500 Futures Options trading range from the previous period and helps us analyze and evaluate the anticipated trading range for the next period. We always keep pace with the market.

The Company sells S&P 500 Futures Options, out-of-the-money, (75 to 100 pts. from the underlying) using 30 day or 60 day Call and Put options in combination, known as a "Combo" as a naked (uncovered) position. The Call Leg and the Put Leg have to be monitored daily due to the risk exposure. However, the risk can be minimized by rolling up or down using the same expiration date should the trade get in trouble (2 pt. Stop Loss to roll the position). The goal is to earn 4 pts. per month. Each point is worth \$250. Each "Combination" of a Call and a Put being sold costs approximately \$9,500 in margin for the retail customer at most brokerage firms.

This is a high maintenance strategy where the risk has to be monitored intraday. To offset any overnight catastrophe, a Long Put position may be established each day 125 pts. O-T-M. It is then sold the following morning at a breakeven goal. Due to the nature of S&P 500 Futures Options, where they are pit traded, it is somewhat easy to get "your price."

#### Our Strengths

We believe our competitive strengths will include: Utilizing MSI Trading's market skills and trading experience whereby each trade is analyzed and evaluated before being placed; and is then monitored daily by the experienced personnel at MSI Trading who advise us and recommend, and place all trades. We pay MSI Trading a five (5%) percent fee on each month's net profits. Their personnel have over 20 years experience in the financial investment field

#### (c) Reports to Security Holders:

Copies of the Company's reports, as filed with the Securities and Exchange Commission, are available and may be viewed as filed at the SEC's Public Reference Room at 450 Fifth Street, N.W., Washington D.C. 20549 or by calling 1-800-SEC-0330. Additionally they can be accessed and downloaded via the internet at <a href="http://www.sec.gov/cgi-bin/srch-edgar">http://www.sec.gov/cgi-bin/srch-edgar</a> by simply typing in "American Resources & Development Company"

#### **RISK FACTORS**

The following factors affect our business and the industry in which it operates. The risks and uncertainties described below are not the only ones we face. Additional risks and uncertainties not presently known or that the Company currently considers immaterial may also have an adverse effect our business. If any of the matters discussed in the following risk factors were to occur; our business, financial condition, results of operations, cash flows, or prospects could be materially adversely affected.

#### Risks relating to the Futures and Options Markets

Futures and options trading involve substantial risk and we are advised that they may not be suitable for every investor. The valuation of futures and options may fluctuate, and, as a result, the Company may lose more than its original investment. The impact of seasonal and geopolitical events is factored into market prices. Past results are no indication of future performance. Information from whatever source is in no way guaranteed. No guarantee of any kind is implied or possible where projections of future conditions are attempted.

1. Daily, and intraday, monitoring of the S & P 500 market as well as all other related markets that may have an impact on all trades. This is done by both Company employees as well the trading advisors from MSI Trading and the Brokers who execute our trades. We rely heavily on their experience and expertise. In the event any trade may be in trouble of loosing we always either roll up or roll down the open positions accordingly.

## There is currently no market for our securities, and there are substantial restrictions on the transferability of our securities.

There is currently a limited market for our common stock. Accordingly, purchasers of the shares will be required to bear the economic consequences of holding such securities for an indefinite period of time. An active trading market for our common stock may not ever develop. Any trading market that does develop may be volatile and significant competition to sell our common stock in any such trading market may exist which could negatively affect the price of our common stock. As a result, the value of our common stock may decrease. Additionally, if a trading market does develop, such market may be highly illiquid, and our common stock may trade at a price that does not accurately reflect the underlying value of our net assets or business prospects. Investors are cautioned not to rely on the possibility that an active trading market may develop or in the prices at which our stack may trade in any market that does develop in making an investment decision.

#### We presently do not intend to pay cash dividends on our stock.

We currently anticipate that no cash dividends will be paid on any of our stock in the foreseeable future. While our dividend policy will be based on the operating results and capital needs of the business, it is anticipated that all earnings, if any, will be retained to finance future expansion of our business.

#### Risk that the Company's Common Stock may be deemed a "Penny Stock"

The Company's common stock may be deemed to be a "penny stock" as that term is defined in Rule 3a51-1 of the Exchange Act of 1934. Penny stocks are stocks (i) with a price of less than five dollars per share; (ii) that are not traded on a "recognized" national exchange; (iii) whose prices are not quoted on the NASDAQ automated quotation system (NASDAQ-listed stocks must still meet requirement (i) above); or (iv) of an issuer with net tangible assets of less than US\$2,000,000 (if the issuer has been in continuous operation for at least three years) or US\$5,000,000 (if in continuous operation for less than three years), or with average annual revenues of less than US\$6,000,000 for the last three years.

A principal exclusion from the definition of a penny stock is an equity security that has a price of five dollars (\$5.00) or more, excluding any broker or dealer commissions, markups or markdowns. As of the date of this report the Company's common stock has a price less than \$5.00.

If the Company's Common Stock is at any time deemed a penny stock, section 15(g) and Rule 3a51-1 of the Exchange Act of 1934 would require broker-dealers dealing in the Company's Common Stock to provide potential investors with a document disclosing the risks of penny stocks and to obtain a manually signed and dated written receipt of the document before effecting any transaction in a penny stock for the investor's account. Potential investors in the Company's common stock are urged to obtain and read such disclosure carefully before purchasing any shares that are deemed to be "penny stock."

Moreover, Rule 15g-9 of the Exchange Act of 1934 requires broker-dealers in penny stocks to approve the account of any investor for transactions in such stocks before selling any penny stock to that investor. This procedure requires the broker-dealer to (i) obtain from the investor information concerning his or her financial situation, investment experience and investment objectives; (ii) reasonably determine, based on that information, that transactions in penny stocks are suitable for the investor and that the investor has sufficient knowledge and experience as to be reasonably capable of evaluating the risks of penny stock transactions; (iii) provide the investor with a written statement setting forth the basis on which the broker-dealer made the determination in (ii) above; and (iv) receive a signed and dated copy of such statement from the investor, confirming that it accurately reflects the investor's financial situation, investment experience and investment objectives. Compliance with these requirements may make it more difficult for investors in the Company's common stock to resell their shares to third parties or to otherwise dispose of them.

#### Dependence On Key Personnel

The future success of the Company will depend on the service of its key personnel and, additionally, its ability to identify, hire and retain additional qualified personnel. There is intense competition for qualified personnel in this industry and there can be no assurance that the Company will be able to attract and retain personnel necessary for the development of the business of the Company. Because of the intense competition, there can be no assurance that the Company will be successful in adding personnel if needed to satisfy its staffing requirements. Failure to attract and retain key personnel could have a material adverse effect on the Company.

The Company is dependent on the efforts and abilities of its management. The loss of various members from management could have a material adverse effect on the business and prospects of the Company. In particular, the Company will depend on the service of Thomas Stamos because he is instrumental in his expertise in legal negotiations and business maintenance. There can be no assurance that upon the departure of key personnel from the service of the Company suitable replacements will be available.

#### Future Capital Needs And Uncertainty Of Additional Funding

Although management believes that the Company's cash position should be sufficient to cover its financing for at least the current fiscal year, substantial funds will be required to effect the Company's development plans. The Company will require additional cash for: (i) payment of increased operating expenses; (ii) payment of development expenses; and (iii) further implementation of those business strategies. Such additional capital may be raised by additional public or private financing, as well as borrowings and other resources. To the extent that additional capital is received by the Company by the sale of equity or equity-related securities, the issuance of such securities will result in dilution to the Company's shareholders. There can be no assurance that additional funding will be available on favorable terms, if at all. the Company may also seek arrangements with collaborative partners in order to gain additional funding, marketing assistance or other contributions. However, such arrangements may require the Company to relinquish rights or reduce its interests in certain of its technologies or product candidates. The inability of the Company to access the capital markets or obtain acceptable financing could have a material adverse effect on the results of operations and financial condition of the Company. Moreover, if funds are not available from any sources, the Company may not be able to continue to operate.

Our officers and directors control 12.07% of our stock.

#### ITEM 2. DESCRIPTION OF PROPERTY.

The Company's principal offices are located at 5891 Sagewood, Murray, Utah 84107, which is the residence of Thomas Stamos, the company's president. The Company's president allows the Company to use space at that location for no charge. The space and use of the facilities located at that address are donated to the Company by its president.

#### ITEM 3. LEGAL PROCEEDINGS.

The Company is not currently a party to any legal proceedings.

#### ITEM 4. SUBMISSION OF MATTERS TO A VOTE OF SECURITY HOLDERS.

No matter was submitted to our security holders for approval during the period covered by this report.

#### **PART II**

## ITEM 5. MARKET FOR COMMON EQUITY, RELATED STOCKHOLDER MATTERS AND SMALL BUSINESS ISSUER PURCHASES OF EQUITY SECURITIES

#### (a) Market Information.

As of June 30, 2007, the Company's common stock is traded on the Pink Sheets under the symbol "ADCO.PK."

The following table sets forth, for the periods indicated, the high and low bids for our common stock; the bids reflect inter-dealer prices, without retail mark-up, mark-down or commission and may not represent actual transactions. The last reported bid for our common stock on March 31, 2007 was \$0.001 per share.

Fiscal Year Ended March 31, 2005	
First Quarter	\$0.001 \$0.001
Second Quarter	\$0.001 \$0.001
Third Quarter	\$0.001 \$0.001
Fourth Quarter	\$0.001 \$0.001
Fiscal Year Ended March 31, 2006	
First Quarter	\$0.001 \$0.001
Second Quarter	\$0.001 \$0.001
Third Quarter	\$0.001 \$0.001
Fourth Quarter	\$0.001 \$0.001
Fiscal Year Ended March 31, 2007	
First Quarter	\$0.001 \$0.001
Second Quarter	\$0.001 \$0.001
Third Quarter	\$0.001 \$0.001
Fourth Quarter	\$0.001 \$0.001

There has been no active market for the Company's stock in the last two years; although it continues to be reported on the Pink Sheets. Accordingly, the Company has no change in its range of high and low bid prices for the Company's common stock to report.

#### (b) Holders

There were approximately 1,339 shareholders of record of the Company's common stock as of March 31, 2007.

#### (c) Dividends

The Company has never paid cash dividends on its stock and does not intend to do so in the foreseeable future. The Company currently intends to retain its earnings for the operation and expansion of its business. The Company's continued need to retain earnings for operations and expansion are likely to limit the Company's ability to pay dividends in the future.

(d) Securities Authorized for Issuance Under Equity Compensation Plans.

None

## RECENT SALES OF UNREGISTERED SECURITIES; USE OF PROCEEDS FROM REGISTERED SECURITIES.

None

#### ITEM 6. MANAGEMENT'S DISCUSSION AND ANALYSIS OR PLAN OF OPERATION

Statements contained herein that are not historical facts are forward-looking statements, as that term is defined by the Private Securities Litigation Reform Act of 1995. Although the Company believes that expectation reflected in such forward-looking statements are reasonable, the forward-looking statements are subject to risks and uncertainties that could cause results to differ from those projected. The Company cautions investors that any forward-looking statements made by the Company are not guarantees of future performance and that actual results may differ materially from those in the forward-looking statements. Such risks and uncertainties include, with limitation: well established competitors who have substantially greater financial resources and longer operating histories, changes in the regulatory environment in which the Company competes, and access to sources of capital.

#### **Plan of Operation**

The Company is no longer engaged in the business which generated revenues during the years prior to March 31, 2007. Accordingly, the Company's plan of operation for its current year is to take advantage of trading contracts of the S & P 500 Futures Options market

The Company intends, through its wholly owned subsidiary, Springfield Finance and Mortgage Company, LLC ("SFMC"), to take advantage of the markets volatility by executing trades in the S & P 500 Futures Options market. To accomplish this, we have engaged the services of MSI Trading, to whom we pay a fee equal to five (5%) percent of each months net profits. All of the Company's trading in the futures market is presently being conducted thru its account at Brewer with funds being held at Peregrine Financial Group, the holding Futures Commission Merchant (FCM), where the company is able to rely on the experience and expertise of several trading specialists as well as on the experience and expertise of the Investment Advisors at MSI Trading. The Brokers at Brewer and PFG (FCM) are all registered with the NFA and CFTC regulatory bodies of the Futures industry. The market we trade in is tradable 23.5 hours each day and has some of the best price liquidity for trade efficiency.

The Company will continue to finance its operations, from profits heretofore realized from its real estate financing; profits expected from its trading operations; and, loans from one third party. This third party is a shareholder of the Company.

While the company has found that loans from one third party are currently available, it is possible that such third party loans may not be available in the future. In that event, the Company's ability to make large investments in the S & P 500 Futures Options markets could be substantially impaired. Investors and shareholders should be aware of the significant risks the company undertakes in funding its operations by receiving and relying on third-party loans for investment; and, also that Futures and options trading involves substantial risk and may not be suitable for every investor and / or shareholder. The valuation of futures, and options may fluctuate, and, as a result, the Company may lose more than its original investment..

The Company's actual operating costs for the next year should be minimal. The Company intends to use 2 part-time employees as part of its operations. Management anticipates that operating costs for the first twelve (12) months will

total approximately \$18,000.00. Such costs shall be paid for from profits it receives from it's investments in the Futures option market.

## AMERICAN RESOURCES AND DEVELOPMENT COMPANY AND SUBSIDIARIES

#### CONSOLIDATED FINANCIAL STATEMENTS

March 31, 2007 and 2006

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# ITEM 7. FINANCIAL STATEMENTS AMERICAN RESOURCES AND DEVELOPMENT COMPANY AND SUBSIDIARIES

Consolidated Balance Sheet

#### **ASSETS**

March 31, 2007

#### **CURRENT ASSETS**

Cash	\$	1,865,852
Notes receivable		1,025,591
Notes receivable - related parties		200,000
•		
Total Current Assets		3,091,443
FIXED ASSETS		
Computer equipment		-
Software		-
Land		-
Less: accumulated depreciation		-
Total Fixed Assets		_
NON-CURRENT ASSETS		

Long-term receivables - related parties