

MEDIFAST INC  
Form 8-K  
August 01, 2013

**UNITED STATES**

**SECURITIES AND EXCHANGE COMMISSION**

**Washington, D.C. 20549**

**FORM 8-K**

**CURRENT REPORT**

**Pursuant to Section 13 OR 15(d) of  
The Securities Exchange Act of 1934**

Date of Report (Date of earliest event reported) **July 31, 2013**

**Medifast, Inc.**

(Exact name of registrant as specified in its charter)

**DE**    **001-31573**    **13-3714405**  
(State or other jurisdiction of incorporation)   (Commission File Number)   (IRS Employer Identification No.)

**11445 Cronhill Drive, Owings Mills, Maryland 21117**  
(Address of principal executive offices)                      (Zip Code)

Registrant's telephone number, including area code: **410-581-8042**

(Former name or former address, if changed since last report)

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Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

**Item 5.02(b) Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers**

Effective July 31, 2013, due to health reasons, George J. Lavin, Jr., Esq. resigned as a Director of Medifast, Inc.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

MEDIFAST, INC.

Dated: August  
1, 2013

/s/ Timothy G.  
Robinson  
Timothy G. Robinson  
Chief Financial Officer