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DEAN EOODS CO

Form 4	50									
April 02, 200	8									
FORM	4		CECUD	TTIES A		• • • • •	NCE	COMMESION	т	PPROVAL
	UNITEL	JSIAIES		hington,			NGE	COMMISSION	OMB Number:	3235-0287
Check this if no longe	ar a			ana ni i		CIA			Expires:	January 31, 2005
subject to Section 16 Form 4 or	F CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES					Estimated a burden hou response	average Irs per			
Form 5 obligations may continue.Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 19401(b).30(h) of the Investment Company Act of 1940										
(Print or Type R	esponses)									
1. Name and Address of Reporting Person <u>*</u> MUSE JOHN R			2. Issuer Name and Ticker or Trading Symbol DEAN FOODS CO [DF]				5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction			(Che	ck all applicable	e)		
(M			(Month/Day/Year) 03/31/2008					_X_Director10% Owner Officer (give titleOther (specify below)below)		
	(Street) 4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person				
DALLAS, T	X 75201							Form filed by Person	More than One Ro	eporting
(City)	(State)	(Zip)	Table	e I - Non-Do	erivative S	Securi	ties Ac	quired, Disposed o	of, or Beneficial	lly Owned
1.Title of Security (Instr. 3)2. Transaction Date (Month/Day/Year)2A. Deemed Execution D any (Month/Day/		on Date, if	Code Disposed of (D)))	SecuritiesForm: DirectBeneficially(D) orOwnedIndirect (I)Following(Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common				Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		
Common Stock	03/31/2008			А	1,464 (1)	А	\$0	254,807	D	
Common Stock								2,550	I	by Spouse

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amou Underlying Secur (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Am or Nur of S
Non-Qualified Stock Option (right to buy-SI000779)	\$ 11.2299					06/30/1998 <u>(3)</u>	06/30/2008	Common Stock	22
Non-Qualified Stock Option (right to buy-DV002931)	\$ 11.2299					06/30/1998 <u>(3)</u>	06/30/2008	Common Stock	10
Non-Qualified Stock Option (right to buy-T0000726)	\$ 11.2299					06/30/1998 <u>(3)</u>	06/30/2008	Common Stock	4,
Non-Qualified Stock Option (right to buy-DV002936)	\$ 11.2299					06/30/1998 <u>(3)</u>	06/30/2008	Common Stock	1,
Non-Qualified Stock Option (right to buy-SI001314)	\$ 8.0206					06/30/1999 <u>(3)</u>	06/30/2009	Common Stock	22
Non-Qualified Stock Option (right to buy-DV002932)	\$ 8.0206					06/30/1999 <u>(3)</u>	06/30/2009	Common Stock	10
Non-Qualified Stock Option (right to buy-T0000634)	\$ 8.0206					06/30/1999 <u>(3)</u>	06/30/2009	Common Stock	4,
Non-Qualified Stock Option (right to	\$ 8.0206					06/30/1999 <u>(3)</u>	06/30/2009	Common Stock	1,

buy-DV002937)					
Non-Qualified Stock Option (right to buy-SI001803)	\$ 9.3614	06/30/2000 <u>(3)</u>	06/30/2010	Common Stock	22.
Non-Qualified Stock Option (right to buy-DV002942)	\$ 9.3614	06/30/2000 <u>(3)</u>	06/30/2010	Common Stock	10
Non-Qualified Stock Option (right to buy-T0000639)	\$ 9.3614	06/30/2000 <u>(3)</u>	06/30/2010	Common Stock	4,
Non-Qualified Stock Option (right to buy-DV002938)	\$ 9.3614	06/30/2000 <u>(3)</u>	06/30/2010	Common Stock	1,
Non-Qualified Stock Option (right to buy-SF002505)	\$ 10.1707	06/29/2001 <u>(3)</u>	06/29/2011	Common Stock	22.
Non-Qualified Stock Option (right to buy-DV002944)	\$ 10.1707	06/29/2001 <u>(3)</u>	06/29/2011	Common Stock	10,
Non-Qualified Stock Option (right to buy-T0000645)	\$ 10.1707	06/27/2005 <u>(3)</u>	06/29/2011	Common Stock	4,
Non-Qualified Stock Option (right to buy-DV002939)	\$ 10.1707	06/29/2001 <u>(3)</u>	06/29/2011	Common Stock	1,
Non-Qualified Stock Option (right to buy-DF002170)	\$ 14.2351	07/01/2002 <u>(3)</u>	07/01/2012	Common Stock	22.
Non-Qualified Stock Option (right to buy-DV002945)	\$ 14.2351	07/01/2002 <u>(3)</u>	07/01/2012	Common Stock	10,
Non-Qualified Stock Option (right to buy-T0000654)	\$ 14.2351	07/01/2002 <u>(3)</u>	07/01/2012	Common Stock	4,

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Non-Qualified Stock Option (right to buy-DV002940)	\$ 14.2351	07/01/2002 <u>(3)</u>	07/01/2012	Common Stock	1,
Non-Qualified Stock Option (right to buy-DF002880)	\$ 18.1003	06/30/2003 <u>(3)</u>	06/30/2013	Common Stock	7,
Non-Qualified Stock Option (right to buy-DV002946)	\$ 18.1003	06/30/2003 <u>(3)</u>	06/30/2013	Common Stock	3,
Non-Qualified Stock Option (right to buy-T0000784)	\$ 18.1003	06/30/2003 <u>(3)</u>	06/30/2013	Common Stock	1,
Non-Qualified Stock Option (right to buy-DV002934)	\$ 18.1003	06/30/2003 <u>(3)</u>	06/30/2013	Common Stock	6
Non-Qualified Stock Option (right to buy-DF003669)	\$ 21.4389	06/30/2004 <u>(3)</u>	06/30/2014	Common Stock	7,
Non-Qualified Stock Option (right to buy-DV002943)	\$ 21.4389	06/30/2004 <u>(3)</u>	06/30/2014	Common Stock	3,
Non-Qualified Stock Option (right to buy-T0000794)	\$ 21.4389	06/30/2004 <u>(3)</u>	06/30/2014	Common Stock	1,
Non-Qualified Stock Option (right to buy-DV002935)	\$ 21.4389	06/30/2004 <u>(3)</u>	06/30/2014	Common Stock	6
Non-Qualified Stock Option (right to buy-DF905923)	\$ 23.9808	06/30/2005 <u>(3)</u>	06/30/2015	Common Stock	7,
Non-Qualified Stock Option (right to buy-DV002941)	\$ 23.9808	06/30/2005 <u>(3)</u>	06/30/2014	Common Stock	3,

Reporting Owners

Reporting Owner Name / Address		Relationships						
	Director	10% Owner	Officer	Other				
MUSE JOHN R 200 CRESCENT COURT, SUITE 160 DALLAS, TX 75201	00 X							
Signatures								
Angela Miro, attorney in fact 04/0)2/2008							
**Signature of Reporting Person	Date							

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- These are restricted shares issued under the Issuer's 2007 Stock Incentive Plan in payment of fees owed for services as an independent (1) director. All such shares are subject to vesting in three equal increments, with the first vesting occurring as of the date the shares were issued and annually thereafter.
- (2) Mr. Muse disclaims beneficial ownership of all shares not directly owned by him.
- (3) The options were automatically granted under the Issuer's 1997 Amended and Restated Stock Option and Restricted Stock Plan, and are fully vested and immediately exercisable upon grant.

Remarks:

FIRST OF TWO (2) FORM 4s FILED ON SAME DATE.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.