Fiarman Jeffrey Form 4 May 26, 2011

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES** Form 5 obligations

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

may continue.

See Instruction

1. Name and Address of Reporting Person * Fiarman Jeffrey

2. Issuer Name and Ticker or Trading Symbol

WEIGHT WATCHERS INTERNATIONAL INC [WTW]

(Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year)

11 MADISON AVE., 17TH FLOOR 05/25/2011

> (Street) 4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

OMB APPROVAL

3235-0287

January 31,

2005

0.5

OMB

Number:

Expires:

response...

Estimated average

burden hours per

(Check all applicable)

Director 10% Owner _X__ Officer (give title Other (specify below)

EVP, General Counsel & Secy

6. Individual or Joint/Group Filing(Check Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

NEW YORK, NY 10010

(City)	(State)	(Zip) Tak	ole I - Non-	-Derivative	Secu	rities Acquii	red, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transacti Code (Instr. 8)	4. Securit omr Dispos (Instr. 3,	ed of		5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	or (D)	Price	Transaction(s) (Instr. 3 and 4)	(Instr. 4)	
Common Stock	05/25/2011		M	15,000	A	\$ 53.03	25,073	D	
Common Stock	05/25/2011		M	12,000	A	\$ 47.49	37,073	D	
Common Stock	05/25/2011		M	22,500	A	\$ 47.05	59,573	D	
Common Stock	05/25/2011		S	23,094	D	\$ 83.3424 (1)	36,479	D	
Common Stock	05/25/2011		S	26,406	D	\$ 83.6804	10,073	D	

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(2)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orderivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Ar Underlying Se (Instr. 3 and 4)
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title I
Non-Qualified Stock Option (right to buy)	\$ 53.03	05/25/2011		M	15,000	(3)	07/14/2015	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 47.49	05/25/2011		M	12,000	03/12/2010(4)	03/12/2017	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 47.05	05/25/2011		M	22,500	03/28/2011(5)	03/28/2018	Common Stock

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		

Fiarman Jeffrey

11 MADISON AVE., 17TH FLOOR EVP, General Counsel & Secy

NEW YORK, NY 10010

Signatures

Debra Cotter, as Attorney-In-Fact for Jeffrey 05/26/2011 Fiarman

> **Signature of Reporting Person Date

2 Reporting Owners

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- This transaction was executed in multiple trades at prices ranging from \$82.57 to \$83.56. The price reported above reflects the weighted average sales price. The reporting person hereby undertakes to provide to the SEC staff, the issuer, or a security holder of the issuer, upon request, full information regarding the number of shares sold at each separate price within the range set forth above.
- This transaction was executed in multiple trades at prices ranging from \$83.57 to \$84.04. The price reported above reflects the weighted (2) average sales price. The reporting person hereby undertakes to provide to the SEC staff, the issuer, or a security holder of the issuer, upon request, full information regarding the number of shares sold at each separate price within the range set forth above.
- (3) Options for 15,000 shares were granted on July 14, 2005 and vested on the following schedule: 20% on July 14, 2006, 20% on July 14, 2007, 20% on July 14, 2008, 20% on July 14, 2009 and 20% on July 14, 2010.
- (4) Options for 12,000 shares were granted on March 12, 2007 and vested 100% on March 12, 2010.
- (5) Options for 22,500 shares were granted on March 28, 2008 and vested 100% on March 28, 2011.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.