BJs RESTAURANTS INC

Form 4

January 08, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287 January 31,

OMB APPROVAL

Expires: 2005 Estimated average

0.5

burden hours per response...

5. Relationship of Reporting Person(s) to

(Check all applicable)

Issuer

Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

BJs RESTAURANTS INC [BJRI]

Symbol

1(b).

(Print or Type Responses)

DAL POZZO JAMES

1. Name and Address of Reporting Person *

(Last)	(First) (Middle)	3. Date of	Earliest T	ransaction					
2200 WEST	VALLEY BLV	D.	(Month/D 01/07/2					_X_ Director Officer (gives below)		0% Owner ther (specify
				4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person		
ALHAMBRA, CA 91803						Form filed by More than One Reporting Person				
(City)	(State)	(Zip)	Tabl	e I - Non-I	Derivative	Secui	rities Acq	uired, Disposed	of, or Benefic	ially Owned
1.Title of Security (Instr. 3) Restricted Stock Units	2. Transaction Dat (Month/Day/Year)	Executio any	med on Date, if Day/Year)	Code (Instr. 8)	4. Securi on(A) or D (Instr. 3,	ispose 4 and (A) or	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) 1,172 (2)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	01/07/2014			M	5,769	A	\$ 12.61	22,093	D	
Common Stock								1,678,519	I	The Jacmar Companies (1)
Common Stock								26,913	I	The John Tilley 1992 Trust (1)
Common								17,313	I	The Nicole

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Stock			Tilley 1992 Trust (1)
Common Stock	120,000	I	The John Tilley 2012 Trust (1)
Common Stock	120,000	I	The Nicole Tilley 2012 Trust (1)
Common Stock	1,123,321	I	The William Tilley Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1.	. Title of	2.	3. Transaction Date	3A. Deemed	4. 5. Number		6. Date Exercisable and		7. Title and Amount of	
	erivative	Conversion	(Month/Day/Year)	Execution Date, if			Expiration Date		Underlying Securities	
Se	ecurity	or Exercise		any	Code	Securities (Month/Day/Year)		(Instr. 3 and 4)		
(I	nstr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Acquired				
		Derivative				(A) or				
		Security				Disposed of				
					(D)					
					(Instr. 3, 4,					
					and 5)					
										Amount
							Date	Expiration		or
							Exercisable	Date	Title	
					C = V	(A) (D)				
					Code v	(A) (D)				Snares
C	Common									
		\$ 12.61	01/07/2014		М	5 760	01/15/2005	01/15/2014	Common	5 760
		ψ 12.01	01/0//2014		171	3,709	01/13/2003	01/13/2014	Stock	3,109
S	Common tock Option	\$ 12.61	01/07/2014		Code V	(D) (Instr. 3, 4, and 5) (A) (D)	Date Exercisable 01/15/2005		Title Common Stock	

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
DAL POZZO JAMES 2200 WEST VALLEY BLVD. ALHAMBRA, CA 91803	X						

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Date

Signatures

/s/Dianne Scott, Attorney-in-fact for James A. Dal Pozzo 01/08/2014

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The reporting person disclaims beneficial ownership of these securities, except to the extent of the reporting person's pecuniary interest therein.
- (2) These shares represent restricted stock unis.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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