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COLUMBIA Form 4 July 05, 200	A BANKING :	SYSTEM IN	١C								
FORM	Λ4					~~~ .			OMB AF	PROVAL	
-	Washington, D.C. 20549						OMMISSION	OMB Number:	3235-0287		
Check th	aar								Expires:	January 31, 2005	
Section 16. Form 4 or		EMENT O	Γ OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES							Estimated average burden hours per response 0.	
Form 5 obligatio may con <i>See</i> Instr 1(b).	tinue. Section	17(a) of the		tility Hol	ding Co	npan	y Act of	e Act of 1934, 1935 or Section 0	1		
(Print or Type	Responses)										
DRESSEL MELANIE J Syr			Symbol COLUN	COLUMBIA BANKING SYSTEM				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
			INC [C	OLB]				•••			
(Last)	(First)	(Middle)	(Middle) 3. Date of Earliest Transaction (Month/Day/Year) 07/03/2007					X Director 10% Owner X Officer (give title Other (specify below) below) President and CEO			
				If Amendment, Date Original ed(Month/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person 			
(City)	(State)	(Zip)	Tabl	e I - Non-I	Derivative	Secu	rities Acqu	iired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction I (Month/Day/Ye	ear) Executio any	med n Date, if Day/Year)	3. Transactio Code (Instr. 8) Code V	4. Securi or(A) or D (Instr. 3,	ispose 4 and (A) or	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	07/03/2007			Р	324 <u>(2)</u>	A	\$ 26.325	34,042	D		
Common Stock	02/28/2007			А	5,000 (1)	А	\$ 0	33,718	D		
Common Stock	01/18/2007			М	5,519	A	\$ 11.77	28,718	D		
Common Stock	01/18/2007			Р	8,488	А	\$ 11.77	23,199	D		
Common Stock								6,022	Ι	401k	

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Common Stock	46,932	Ι	Family Trust LLC
Common Stock	2,408	Ι	North Mason Fiber
Common Stock	10	I	Shares owned by son.
Common Stock	10	Ι	Shares owned by son.

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number on f Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of 8 Underlying Securities 1 (Instr. 3 and 4) 5	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
ISO (Right to Buy)	\$ 11.77	01/18/2007		Р	8,488	01/20/2002	01/20/2007	Common Stock	8,488
NQSO (Right to Buy)	\$ 11.77	01/18/2007		М	5,519	01/20/2002	01/20/2007	Common Stock	5,519
NQSO (Right to Buy)	\$ 10.82					12/03/2003	12/05/2008	Common Stock	12,128

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			

8 I S () DRESSEL MELANIE J

President and CEO

Signatures

/s/Cathleen Dent

07/05/2007

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<u>**</u>Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted Stock Award
- (2) This was an ESPP purchase.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.