

Trinsic, Inc.
Form 4
May 18, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

Check this box
if no longer
subject to
Section 16.
Form 4 or
Form 5
obligations
may continue.
See Instruction
1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF
SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
30(h) of the Investment Company Act of 1940

OMB APPROVAL

OMB
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(Print or Type Responses)

1. Name and Address of Reporting Person *
Kohler Paul T

(Last) (First) (Middle)

C/O 601 S. HARBOUR ISLAND
BLVD., SUITE 220

(Street)

TAMPA, FL 33602

(City) (State) (Zip)

2. Issuer Name **and** Ticker or Trading
Symbol
Trinsic, Inc. [TRIN]

3. Date of Earliest Transaction
(Month/Day/Year)
05/02/2005

4. If Amendment, Date Original
Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to
Issuer

(Check all applicable)

____ Director ____ 10% Owner
__X__ Officer (give title below) ____ Other (specify below)

Chief Technology Officer

6. Individual or Joint/Group Filing(Check
Applicable Line)
__X__ Form filed by One Reporting Person
____ Form filed by More than One Reporting
Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)		
Restricted Stock	05/02/2005		A	3,000	A	\$ 0.01	3,000	I	By wife. (2)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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information contained in this form are not
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SEC 1474
(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)**

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8.
				Code	V	(A)	(D)	
Stock Options (Right to Buy) ⁽¹⁾	\$ 35	01/21/2001		A		4,000	01/02/2002 01/25/2011	Common Stock 4,000
Stock Option (Right to Buy) ⁽¹⁾	\$ 6.5	07/20/2001		A		8,000	07/20/2002 07/20/2011	Common Stock 8,000
Stock Options (Right to Buy) ⁽¹⁾	\$ 6.5	09/20/2002		A		4,000	09/20/2003 09/20/2012	Common Stock 4,000
Stock Options (Right to Buy) ⁽¹⁾	\$ 8.85	08/29/2003		A		1,500	08/29/2004 08/29/2013	Common Stock 1,500
Stock Options (Right to Buy) ⁽¹⁾	\$ 12	04/19/2004		A		1,900	04/19/2005 04/19/2014	Common Stock 1,900

Reporting Owners

Reporting Owner Name / Address	Relationships
	Director 10% Owner Officer Other
Kohler Paul T C/O 601 S. HARBOUR ISLAND BLVD. SUITE 220 TAMPA, FL 33602	Chief Technology Officer

Signatures

Victoria Neil as attorney-in-fact for Paul T. Kohler pursuant to Power of Attorney dated April 29, 2005 05/18/2005

 Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These stock options vest such that one third vest on the first anniversary of the vesting date and the remaining two thirds vesting in equal monthly installments over the next two years.
- (2) The stock is owned by the wife of Mr. Kohler, an employee of Trinsic, Inc. Mr. Kohler disclaims beneficial ownership.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.
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