Con-way Inc. Form 4 Form 4 The performance of the public Utility Holding Company Act of 1935 or Section 17(a) of the Public Utility Holding Company Act of 1940 OMB APPROVAL Check this box is no longer subject to Section 16. StateMent of the Public Utility Holding Company Act of 1935 or Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 17(a) of the Investment Company Act of 1940 MB 30(h) of the Investment Company Act of 1940										3235-0287 January 31, 2005 verage s per	
	Address of Reporting	Sym			nd Ticker or '	Fradin	0	Relationship of F uer (Check	Reporting Perso all applicable)		
(Last) (First) (Middle) 2855 CAMPUS DRIVE, SUITE 300								X Director Officer (give ti	10% Owner		
(Street) SAN MATEO, CA 94403			Filed(Month/Day/Year) Applicable I _X_Form fi					plicable Line) _ Form filed by Or _ Form filed by Mo	or Joint/Group Filing(Check e) I by One Reporting Person by More than One Reporting		
(City)	(State)	(Zip)	Table I - N	on-	Derivative S	Securi		ed, Disposed of,	or Beneficiall	v Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	nsaction Date 2A. Deemed			3. 4. Securities Acquired (A) or ate, if TransactionDisposed of (D) Code (Instr. 3, 4 and 5)				6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common	12/15/2005		Code J		Amount 6.9668	(D) A	Price \$	(Instr. 3 and 4) 3,971.4232	D		
Stock (1)	12/13/2003		5	v	0.7000	11	56.4744	5,971.4252	D		
Common Stock (1)	03/14/2006		J	V	7.4422	А	\$ 52.96	3,978.8654	D		
Common Stock (1)	06/14/2006		J	v	13.3339	A	\$ 55.2346	3,992.1993	D		
Common Stock (1)	09/14/2006		J	V	15.7992	А	\$ 46.7	4,007.9985	D		
Common Stock	11/10/2006		М		1,000	A	\$ 22.25	5,007.9985	D		
								1,751	Ι	by Trust	

Reporting Owners

Common Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02) required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transaction Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Ame Underlying Secu (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Ai or Ni of Sh
Non-Qualified Stock Option (right to buy)	\$ 22.25	11/10/2006		М	1,000	02/01/1997 <u>(2)</u>	01/01/2007	Common Stock	1

Reporting Owners

Reporting Owner Name / Address	Relationships							
reporting o when runne, manaess	Director	10% Owner	Officer	Other				
GILL MARGARET G 2855 CAMPUS DRIVE, SUITE 300 SAN MATEO, CA 94403	Х							
Signatures								
By: Gary S. Cullen, Attorney-in-Fact For: Margaret 11/14/2006 G. Gill								
**Signature of Reporting Person			Date					
Explanation of Responses:								
* If the form is filed by more than one reporting person, <i>see</i> Instruction 4(b)(v).								

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) These shares were acquired under a CNF dividend reinvestment plan.

If the form is filed by more than one reporting person, see Instruction 4(b)(v).

Each option granted under the Plan shall vest and become exercisable as to 1/12 of the shares covered thereby on a monthly basis such (2)that the option will be fully exercisable one year after its date of grant.

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Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.