#### Edgar Filing: FORRESTER RESEARCH INC - Form 4

#### FORRESTER RESEARCH INC

Form 4

August 23, 2006

### FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

OMB Number:

3235-0287

January 31, Expires: 2005

**OMB APPROVAL** 

burden hours per 0.5

Estimated average response...

if no longer subject to Section 16. Form 4 or Form 5

Check this box

obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Last)

(Print or Type Responses)

1. Name and Address of Reporting Person \* RILEY TIMOTHY

2. Issuer Name and Ticker or Trading

Symbol

FORRESTER RESEARCH INC [FORR]

Issuer

below)

(Check all applicable)

Chief People Officer

5. Relationship of Reporting Person(s) to

(First)

(Street)

(Month/Day/Year)

3. Date of Earliest Transaction Director X\_ Officer (give title

10% Owner Other (specify

C/O FORRESTER RESEARCH, 400 08/21/2006

(Middle)

**TECHNOLOGY SQUARE** 

4. If Amendment, Date Original

Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

Applicable Line)

\_X\_ Form filed by One Reporting Person Form filed by More than One Reporting

#### CAMBRIDGE, MA 02139

(City)	(State)	(Zip) Tabl	le I - Non-I	Derivative	Secu	rities Acqu	ired, Disposed of	, or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)				5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)	
Common Stock	08/21/2006		M	7,000	A	\$ 11.69	0	D	
Common Stock	08/21/2006		S	7,000	D	\$ 28.754	0	D	
Common Stock	08/22/2006		M	5,677	A	\$ 11.69	0	D	
Common Stock	08/22/2006		S	5,677	D	\$ 28.75	0	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

#### Edgar Filing: FORRESTER RESEARCH INC - Form 4

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number proof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (Right to Buy)	\$ 11.69	08/21/2006		M	7,000	07/09/2002(1)	07/08/2009	Common Stock	7,000
Stock Option (Right to Buy)	\$ 11.69	08/22/2006		M	5,677	07/09/2002(1)	07/08/2009	Common Stock	5,677

# **Reporting Owners**

onships	
7110	ps

Director 10% Owner Officer Other

RILEY TIMOTHY C/O FORRESTER RESEARCH 400 TECHNOLOGY SQUARE

Chief People Officer

CAMBRIDGE, MA 02139

### **Signatures**

Brittany Roberts, attorney in fact for Timothy

Riley 08/23/2006

\*\*Signature of Reporting Person Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The Options become exercisable in three equal installments on the first, second and third anniversaries of the grant date.

Reporting Owners 2

### Edgar Filing: FORRESTER RESEARCH INC - Form 4

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.