Edgar Filing: NAUTILUS, INC. - Form 4

NATITI US INC

NAUTILUS	, INC.										
Form 4											
August 31, 2	2011										
FORM	ΙΔ								PPROVAL		
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								OMB Number:	3235-0287 January 31,		
	Check this box										
if no long subject to	if no longer subject to STATEMENT OF CHANGES IN BENEFICIAL OWNER						NERSHIP OF	Expires:	2005		
Section 1		SECURITIES						Estimated average burden hours per			
Form 4 c								response 0.5			
Form 5	Filed purs	suant to Section	n 16(a) of th	e Securit	ies E	xchang	ge Act of 1934,				
obligatio		a) of the Public	Utility Hol	ding Con	ipany	Act o	f 1935 or Sectio	n			
may con <i>See</i> Instr		30(h) of th	e Investment	Compan	y Act	t of 194	40				
1(b).	uenon	. ,		•	•						
(Print or Type]	Responses)										
	Address of Reporting I		suer Name an	d Ticker or	Tradin	ıg	5. Relationship of	f Reporting Per	Reporting Person(s) to		
MULHOLLAND MICHAEL D Symbol						Issuer					
			NAUTILUS, INC. [NLS]								
(Last)								(Check all applicable)			
(2000)	(1100) (1	,	3. Date of Earliest Transaction (Month/Day/Year)				Director 10% Owner				
NAUTILUS, INC., 16400 SE			08/31/2011				X Officer (give title Other (specify				
NAUTILUS	0/51/2011				below) below) Chief Financial Officer						
							Chief	Financial Offic	er		
(Street)			4. If Amendment, Date Original				6. Individual or Joint/Group Filing(Check				
	Ionth/Day/Year)				Applicable Line) _X_ Form filed by One Reporting Person						
MANGON								One Reporting Po More than One Ro			
VANCOUV	/ER, WA 98683						Person		porting		
(City)	(State)	(Zip)	abla I Non I	Dorivotivo	Soouri	tios A a	quired, Disposed of	f or Bonoficia	lly Ownod		
							• • •		•		
1.Title of	2. Transaction Date		3. if Transport				5. Amount of Securities	6. Ownership Form: Direct	7. Nature of Indirect		
Security (Instr. 3)	(Month/Day/Year)	any	on Date, if Transaction(A) or Disposed of Code (D)			Beneficially	(D) or	Beneficial			
			/Day/Year) (Instr. 8) (Instr. 3, 4 and 5)			Owned	Indirect (I)	Ownership			
						Following	(Instr. 4)	(Instr. 4)			
					(A)		Reported				
					or		Transaction(s) (Instr. 3 and 4)				
			Code V	Amount	(D)	Price	(msu. 5 and 4)				
Common	08/31/2011		Р	5,000	А	\$	10,000	D			
Stock	00/01/2011		•	2,000		1.55	10,000	-			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. ofNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Secur	unt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Own Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
MULHOLLAND MICHAEL D NAUTILUS, INC. 16400 SE NAUTILUS DRIVE VANCOUVER, WA 98683)		Chief Financial Officer					
Signatures								
/s/ Michael D. Mulholland	08/31/201	1						

<u>**</u>Signature of Reporting Person Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.