Doster Jeffrey Form 4 March 06, 2013

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

See Instruction

1. Name and Address of Reporting Person * Doster Jeffrey			2. Issuer Name and Ticker or Trading Symbol HEALTHSTREAM INC [HSTM]	5. Relationship of Reporting Person(s) to Issuer		
(Last)	(First) (Middle) 3. Dat		3. Date of Earliest Transaction	(Check all applicable)		
209 10TH AVE. SOUTH, SUITE 450			(Month/Day/Year) 03/04/2013	Director 10% Owner _X Officer (give title Other (specify below) Chief Technology Officer		
(Street)			4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
NASHVILLE, TN 37203			Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		

(City)	(State)	(Zip) Tak	ole I - Non-	Derivative	Secu	rities Acquii	red, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)					5. Amount of Securities Ownership Beneficially Form: Owned Direct (D) Following or Indirect Reported (I)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	or (D)	Price	Transaction(s) (Instr. 3 and 4)	(Instr. 4)	
Common Stock	03/04/2013		M	6,221	A	\$ 3.13	6,221	D	
Common Stock	03/04/2013		S	6,221	D	\$ 21.27 (1)	0	D	
Common Stock	03/05/2013		M	18,779	A	\$ 3.13	18,779	D	
Common Stock	03/05/2013		S	18,779	D	\$ 20.6166 (2)	0	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	orDerivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employed Stock Option (right to buy)	\$ 3.13	03/04/2012		M		6,221	05/12/2009	05/12/2016	Common Stock	6,221
Employee Stock Option (right to buy)	\$ 3.13	03/05/2013		M		1,279	05/12/2009	05/12/2016	Common Stock	1,279
Employed Stock Option (right to buy)	\$ 3.13	03/05/2013		M		15,000	05/12/2010	05/12/2016	Common Stock	15,000
Employed Stock Option (right to buy)	\$ 3.13	03/05/2013		M		2,500	05/12/2011	05/12/2016	Common Stock	2,500

Reporting Owners

Reporting Owner Name / Address			Relationships			
	Director	10% Owner	Officer	Other		
Doster Jeffrey 209 10TH AVE. SOUTH SUITE 450			Chief Technology Officer			

Reporting Owners 2

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NASHVILLE, TN 37203

Signatures

Jeffrey Doster 03/06/2013

**Signature of Reporting Person

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

Date

- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- This transaction was executed in multiple trades at prices ranging from \$21.00 to \$21.52. The price reported above reflects the weighted average purchase price. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares and prices at which the transactions were effected.
- This transaction was executed in multiple trades at prices ranging from \$20.395 to \$20.78. The price reported above reflects the weighted average purchase price. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares and prices at which the transactions were effected.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Signatures 3