TOOHEY JAMES F

Form 4

August 03, 2009

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB 3235-0287

OMB APPROVAL

Number: January 31, Expires:

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obligations

may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * TOOHEY JAMES F			2. Issuer Name and Ticker or Trading Symbol SPECTRUM CONTROL INC [SPEC]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last) 2222 WEST ((First) GRANDVIE	(Middle) W BLVD	3. Date of Earliest Transaction (Month/Day/Year) 07/30/2009	_X_ Director 10% Owner _X_ Officer (give title Other (specify below) Secretary		
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person		
ERIE, PA 16506				Form filed by More than One Reporting Person		

(City)	(State)	(Zip) Table	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securi on(A) or D (Instr. 3,	ispose 4 and (A) or	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	
Common Stock			Code V	Amount	(D)	Trice	169,885	I	Profit Sharing
Common Stock	07/30/2009		S	1,000	D	\$ 10.17	28,675	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Non-qual. Stock Options	\$ 7.44					<u>(1)</u>	04/07/2010	Common Stock	12,000
Non-qualified Stock Options	7 () 7 ((2)	11/01/2010	Common Stock	24,000
Options	\$ 8.38					<u>(3)</u>	04/10/2013	Common Stock	12,000
Options	\$ 6.43					<u>(4)</u>	04/09/2014	Common Stock	12,000

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
TOOHEY JAMES F 2222 WEST GRANDVIEW BLVD ERIE, PA 16506	X		Secretary				

Signatures

John P. Leemhuis, Jr. Attorney in fact for James F. Toohey. 08/03/2009

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Date

- (1) All of the options are currently exercisable.
- (2) 2/3rds of the options are currently exercisable and the remaining 1/3rd are exercisable on 11/1/09.
- (3) 1/3rd of the options are exercisable 4/10/2010, 1/3rd are exercisable 4/10/2011 and the remaining 1/3rd are exercisable on 4/10/2012.
- (4) 1/3rd of the options are exercisable 4/9/2011, 1/3rd are exercisable 4/9/2012 and the remaining 1/3rd are exercisable on 4/9/2013.

Reporting Owners 2

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Remarks:

All options have been granted under the Spectrum Control, Inc. 1996 Non-Employee Directors' Stock Option Plan which is a

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