SCHRICK RANDY M

Form 4

August 16, 2012

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005
Estimated average

0.5

OMB APPROVAL

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

2. Issuer Name and Ticker or Trading

MGP INGREDIENTS INC [MGPI]

3. Date of Earliest Transaction

response...

5. Relationship of Reporting Person(s) to

(Check all applicable)

Issuer

burden hours per

See Instruction

30(h) of the Investment Company Act of 1940

Symbol

1(b).

(Last)

Stock

(Print or Type Responses)

SCHRICK RANDY M

1. Name and Address of Reporting Person *

(First)

(Middle)

1300 MAIN 130		(Month/Day/Year) 08/14/2012						6 Owner er (specify		
			endment, Date Original nth/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
ATCHISON							Form filed by More than One Reporting Person			
(City)	(State)	Zip) Tab	le I - Non-D	erivative S	ecurit	ties Aco	quired, Disposed	of, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securit on(A) or Dis (D) (Instr. 3, 4	sposed	of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	08/14/2012		S	10,203	A	(1)	96,411	D		
Common Stock							54,224	I	By Trust	
Common Stock							44,025	I	By IRA	
Common Stock							1,752	I	By Spouse's Trust	
Common Stock							1,235	I	By ESPP	

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(e.g., puts, calls, warrants, options, convertible securities)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of	2.	3. Transaction Date	3A. Deemed	4.		5.	6. Date Exerc	cisable and	7. Titl	le and	8. Price of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transa	ctio	rNumber	Expiration D	ate	Amou	ınt of	Derivative
Security	or Exercise		any	Code		of	(Month/Day/	Year)	Under	rlying	Security
(Instr. 3)	Price of		(Month/Day/Year)	(Instr.	8)	Derivative	e		Secur	ities	(Instr. 5)
	Derivative					Securities			(Instr.	. 3 and 4)	
	Security					Acquired					
	·					(A) or					
						Disposed					
						of (D)					
						(Instr. 3,					
						4, and 5)					
						i, una 5)					
										Amount	
							Date	Expiration		or	
							· · · · · · · · · · · · · · · · · · ·	•	Title N	Number	
							Exercisable	Date		of	
				Code	V	(A) (D)				Shares	

Reporting Owners

	Relationships
Reporting Owner Name / Address	-

Director 10% Owner Officer Other

SCHRICK RANDY M 1300 MAIN STREET P.O. BOX 130 ATCHISON, KS 66002

Vice President

Signatures

Randy M. Schrick 08/16/2012

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations, See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 4,703 shares sold at \$3.40/share; 4,500 shares sold at \$3.35/share; 1,000 shares sold at \$3.30/share.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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