#### **NBT BANCORP INC**

Form 4

February 08, 2007

## FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

**OMB** 3235-0287 Number:

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES** 

January 31, Expires: 2005

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

burden hours per response... 0.5

Estimated average

5. Relationship of Reporting Person(s) to

6,296.869

D

**OMB APPROVAL** 

See Instruction

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

1(b).

Bancorp Inc.

Common Stock

(Print or Type Responses)

1. Name and Address of Reporting Person \*

ROBINSON VAN NESS D		Symbol	Symbol NBT BANCORP INC [NBTB]				Issuer (Check all applicable)				
											NBT B
(Last)	(First)	(Middle)	3. Date o	3. Date of Earliest Transaction			(Check all applicable)				
			(Month/I	(Month/Day/Year)				X Director 10% Owner			
52 SOUTH BROAD STREET			02/07/2	02/07/2007				Officer (give title Other (specify below)			
	(Street)		4. If Amo	endment, Da	ate Origina	al		6. Individual o	or Joint/Group I	Filing(Check	
			Filed(Mo	Filed(Month/Day/Year)				Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
NORWICH, NY 13815								Person			
(City)	(State)	(Zip)	Tab	le I - Non-I	Derivative	Secui	ities A	cquired, Dispose	d of, or Benefi	cially Owned	
1.Title of	2. Transaction I	Date 2A. Do	eemed	3.	4. Securi			5. Amount of	6.	7. Nature of	
Security	· · · · · · · · · · · · · · · · · · ·		tion Date, if	* * * *				Securities	Ownership		
(Instr. 3)		any (Mont	h/Day/Year)	Code (Instr. 8)			Beneficially Owned	Form: Direct (D) or	Ownership		
		(1410III	ii/Day/Tear)	(111341.0)	6) (Ilisti: 5, 4 and 5)		Following Indirect (I)		(Instr. 4)		
						(A) or		Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)	,	
				Code V	Amount	(D)	Price	(III3u: 3 and 4)			
NBT											
Bancorp	0010510005			~	0.4.0	_	<b></b>	010 770		by	
Inc. Common Stock	02/07/2007			S	913	D	\$ 25	812,558	I	Corporation	
NBT											

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

 $\label{thm:convergence} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (e.g., puts, calls, warrants, options, convertible securities) \end{tabular}$ 

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisab Expiration Date (Month/Day/Year		7. Title and A Underlying S (Instr. 3 and	Securitie
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amou or Numb of Shares
Non-Qualified Stock Option (right to buy)	\$ 14.3492					01/28/2003(1)	01/28/2012	NBT Bancorp Inc. Common Stock	1,50
Non-Qualified Stock Option (right to buy)	\$ 17.6008					01/01/2004(1)	01/01/2013	NBT Bancorp Inc. Common Stock	1,50
Non-Qualified Stock Option (right to buy)	\$ 20.7492					05/01/2006(1)	05/01/2015	NBT Bancorp Inc. Common Stock	1,50
Non-Qualified Stock Option (right to buy)	\$ 21.74					05/01/2007(1)	05/01/2016	NBT Bancorp Inc. Common Stock	1,50
Non-Qualified Stock Option (right to buy)	\$ 22.1388					01/01/2005(1)	01/01/2014	NBT Bancorp Inc. Common Stock	1,50
	\$ 23.2708					01/20/2006(1)	01/20/2015		630

Non-Qualified Stock Option (right to buy) NBT Bancorp Inc. Common Stock

# **Reporting Owners**

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
ROBINSON VAN NESS D	37						
52 SOUTH BROAD STREET	X						
NORWICH, NY 13815							

## **Signatures**

By: Michael J. Chewens, Power of Attorney For: Van Ness D. Robinson

02/08/2007

\*\*Signature of Reporting Person

Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Pursuant to NBT Non-Employee Director, Divisional Director and Subsidiary Director Stock Option Plan grant vests 40% for first year, 20% annually for following years.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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