

DEAN FOODS CO
Form 4
January 05, 2009

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
NEVARES HECTOR M

(Last) (First) (Middle)
BOLIVIA 33 -- SUITE 303
(Street)

HATO REY, PR 00917

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol
DEAN FOODS CO [DF]

3. Date of Earliest Transaction
(Month/Day/Year)
12/31/2008

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Director 10% Owner
 Officer (give title below) Other (specify below)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
Common Stock	12/31/2008		A	(A) or (D) Price 1,679 (1)	\$ 0 342,018 (2)	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Security (Instr. 3 and 4)		
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Am or Nur of S
Non-Qualified Stock Option (right to buy-SI001313)	\$ 8.0206					06/30/1999 ⁽³⁾	06/30/2009	Common Stock	22,
Non-Qualified Stock Option (right to buy-DV002987)	\$ 8.0206					06/30/1999 ⁽³⁾	06/30/2009	Common Stock	10,
Non-Qualified Stock Option (right to buy-T0000635)	\$ 8.0206					06/30/1999 ⁽³⁾	06/30/2009	Common Stock	4,
Non-Qualified Stock Option (right to buy-DV003003)	\$ 8.0206					06/30/1999 ⁽³⁾	06/30/2009	Common Stock	1,
Non-Qualified Stock Option (right to buy-SI001804)	\$ 9.3614					06/30/2000 ⁽³⁾	06/30/2010	Common Stock	22,
Non-Qualified Stock Option (right to buy-DV002994)	\$ 9.3614					06/30/2000 ⁽³⁾	06/30/2010	Common Stock	10,
Non-Qualified Stock Option (right to buy-T0000640)	\$ 9.3614					06/30/2000 ⁽³⁾	06/30/2010	Common Stock	4,
Non-Qualified Stock Option (right to buy-DV002991)	\$ 9.3614					06/30/2000 ⁽³⁾	06/30/2010	Common Stock	1,
	\$ 10.1707					06/29/2001 ⁽³⁾	06/29/2011		22,

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Non-Qualified Stock Option (right to buy-SF002506)				Common Stock	
Non-Qualified Stock Option (right to buy-DV002995)	\$ 10.1707		06/29/2001 ⁽³⁾	06/29/2011	Common Stock 10,
Non-Qualified Stock Option (right to buy-T0000646)	\$ 10.1707		06/29/2001 ⁽³⁾	06/29/2011	Common Stock 4,
Non-Qualified Stock Option (right to buy-DV003004)	\$ 10.1707		06/29/2001 ⁽³⁾	06/29/2011	Common Stock 1,
Non-Qualified Stock Option (right to buy-DF002171)	\$ 14.2351		07/01/2002 ⁽³⁾	07/01/2012	Common Stock 22,
Non-Qualified Stock Option (right to buy-DV002996)	\$ 14.2351		07/01/2002 ⁽³⁾	07/01/2012	Common Stock 10,
Non-Qualified Stock Option (right to buy-T0000655)	\$ 14.2351		07/01/2002 ⁽³⁾	07/01/2012	Common Stock 4,
Non-Qualified Stock Option (right to buy-DV002990)	\$ 14.2351		07/01/2002 ⁽³⁾	07/01/2012	Common Stock 1,
Non-Qualified Stock Option (right to buy-DF002881)	\$ 18.1003		06/30/2003 ⁽³⁾	06/30/2013	Common Stock 7,
Non-Qualified Stock Option (right to buy-DV002997)	\$ 18.1003		06/30/2003 ⁽³⁾	06/30/2013	Common Stock 3,
Non-Qualified Stock Option (right to buy-T0000785)	\$ 18.1003		06/30/2003 ⁽³⁾	06/30/2013	Common Stock 1,
	\$ 18.1003		06/30/2003 ⁽³⁾	06/30/2013	6

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Non-Qualified Stock Option (right to buy-DV003000)				Common Stock	
Non-Qualified Stock Option (right to buy-DF003670)	\$ 21.4389	06/30/2004 ⁽³⁾	06/30/2014	Common Stock	7,
Non-Qualified Stock Option (right to buy-DV002988)	\$ 21.4389	06/30/2004 ⁽³⁾	06/30/2014	Common Stock	3,
Non-Qualified Stock Option (right to buy-T0000796)	\$ 21.4389	06/30/2004 ⁽³⁾	06/30/2014	Common Stock	1,
Non-Qualified Stock Option (right to buy-DV003001)	\$ 21.4389	06/30/2004 ⁽³⁾	06/30/2014	Common Stock	6
Non-Qualified Stock Option (right to buy-DF905924)	\$ 23.9808	06/30/2005 ⁽³⁾	06/30/2015	Common Stock	7,
Non-Qualified Stock Option (right to buy-DV002989)	\$ 23.9808	06/30/2005 ⁽³⁾	06/30/2015	Common Stock	3,
Non-Qualified Stock Option (right to buy-DF005297)	\$ 25.3078	06/30/2006 ⁽³⁾	06/30/2016	Common Stock	7,
Non-Qualified Stock Option (right to buy-DV002998)	\$ 25.3078	06/30/2006 ⁽³⁾	06/30/2016	Common Stock	3,
Non-Qualified Stock Option (right to buy-DF006001)	\$ 31.87	06/29/2007 ⁽³⁾	06/29/2017	Common Stock	7,
Non-Qualified Stock Option (right to buy)	\$ 19.62	06/30/2008 ⁽⁴⁾	06/30/2018	Common Stock	7,

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
NEVARES HECTOR M BOLIVIA 33 -- SUITE 303 HATO REY, PR 00917		X		

Signatures

Katherine K. Connell, Attorney-In-Fact	01/05/2009
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__Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
 - (1) These are restricted shares issued under the Issuer's 2007 Stock Incentive Plan in payment of fees owed for services as an independent director. All such shares are subject to vesting in three equal increments, with the first vesting occurring as of the date the shares were issued and then annually thereafter.
 - (2) Includes 4,438 shares of Restricted Stock Units ("RSUs") which have vested and for which the reporting person has opted to defer receipt until a future date.
 - (3) The options were granted automatically under the Issuer's 1997 Amended and Restated Stock Option and Restricted Stock Plan, and are fully vested and immediately exercisable upon grant.
 - (4) The options were granted automatically under the Issuer's 2007 Stock Incentive Plan, and are fully vested and immediately exercisable upon grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.