

McPeak Blaine E
Form 3
February 17, 2010

FORM 3 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *		2. Date of Event Requiring Statement	3. Issuer Name and Ticker or Trading Symbol	
McPeak Blaine E		(Month/Day/Year)	DEAN FOODS CO [DF]	
(Last)	(First)	(Middle)	02/12/2010	
2515 MCKINNEY AVENUE, SUITE 1200			4. Relationship of Reporting Person(s) to Issuer	5. If Amendment, Date Original Filed(Month/Day/Year)
(Street)			(Check all applicable)	
DALLAS, TX 75201			<input type="checkbox"/> Director <input type="checkbox"/> 10% Owner	6. Individual or Joint/Group Filing(Check Applicable Line)
(City)	(State)	(Zip)	<input checked="" type="checkbox"/> Officer <input type="checkbox"/> Other	<input checked="" type="checkbox"/> Form filed by One Reporting Person
			President-WhiteWave	<input type="checkbox"/> Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Beneficially Owned

1. Title of Security (Instr. 4)	2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)
Common Stock	8,410	D	À

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1473 (7-02)

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Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)	3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)	4. Conversion or Exercise Price of Derivative Security	5. Ownership Form of Derivative Security: Direct (D)	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable	Title			

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	Expiration Date		Amount or Number of Shares		or Indirect (I) (Instr. 5)	
Restricted Stock Units (DU003917)	02/28/2008 ⁽¹⁾	02/28/2017	Common Stock	9,000	\$ 0	D Â
Restricted Stock Units (DV005304)	02/28/2008 ⁽¹⁾	02/28/2017	Common Stock	4,225	\$ 0	D Â
Restricted Stock Units (DU004324)	01/15/2009 ⁽¹⁾	01/15/2018	Common Stock	5,100	\$ 0	D Â
Restricted Stock Units (DU004358)	06/02/2009 ⁽¹⁾	06/02/2018	Common Stock	1,200	\$ 0	D Â
Restricted Stock Units (DU004421)	02/13/2010 ⁽²⁾	02/13/2019	Common Stock	9,500	\$ 0	D Â
Restricted Stock Units (DU004950)	11/02/2010 ⁽²⁾	11/02/2019	Common Stock	3,445	\$ 0	D Â
Non-Qualified Stock Option (right to buy-DF005976)	02/28/2008 ⁽³⁾	02/28/2017	Common Stock	50,000	\$ 30.6429	D Â
Non-Qualified Stock Option (right to buy-DV002764)	02/28/2008 ⁽³⁾	02/28/2017	Common Stock	23,475	\$ 30.6429	D Â
Non-Qualified Stock Option (right to buy-DF006445)	01/15/2009 ⁽³⁾	01/15/2018	Common Stock	28,000	\$ 25.37	D Â
Non-Qualified Stock Option (right to buy-DF006482)	06/02/2009 ⁽³⁾	06/02/2018	Common Stock	7,000	\$ 21.06	D Â
Non-Qualified Stock Option (right to buy-DF006544)	02/13/2010 ⁽³⁾	02/13/2019	Common Stock	28,500	\$ 20.07	D Â
Non-Qualified Stock Option (right to buy-DF007102)	11/02/2010 ⁽³⁾	11/02/2019	Common Stock	10,601	\$ 16.69	D Â

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
McPeak Blaine E 2515 MCKINNEY AVENUE SUITE 1200 DALLAS, TX 75201	Â	Â	Â President-WhiteWave	Â

Signatures

Katherine K. Connell,
Attorney-In-Fact

02/17/2010

__Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) The reporting person has received an award of restricted stock units which is the right to receive shares of Common Stock of the Issuer in the future, subject to the terms and conditions of the award agreement. The restricted stock units vest annually, on a pro rata basis, over a five year period beginning on the first anniversary date of the grant.

(2) The reporting person has received an award of restricted stock units which is the right to receive shares of Common Stock of the Issuer in the future, subject to the terms and conditions of the award agreement. The restricted stock units vest annually, on a pro rata basis, over a three year period beginning on the first anniversary date of the grant.

(3) The shares of Common Stock subject to the Option vest annually, on a pro rata basis, over a three year period beginning on the first anniversary of the grant date, subject to the terms and conditions of the award agreement.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure.

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