ENGLES GREGG L

Form 4

February 17, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

Expires: January 31, 2005

0.5

OMB APPROVAL

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

SECURITIES

burden hours per response...

Estimated average

See Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * ENGLES GREGG L			2. Issuer Name and Ticker or Trading Symbol DEAN FOODS CO [DF]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last) (First) (Middle)		(Middle)	3. Date of Earliest Transaction	(Check an applicable)		
2515 MCKINNEY AVENUE, SUITE 1200			(Month/Day/Year) 02/12/2010	_X_ Director 10% Owner Self-control of the Board and Other (specify below)		
(Street)			4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
DALLAS, TX 75201			Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		

(City)	(State)	(Zip) Tabl	e I - Non-D	Derivative S	Securi	ties Acqu	ired, Disposed of	, or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	ion Date 2A. Deemed y/Year) Execution Date, if any (Month/Day/Year)		3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or			5. Amount of Securities Ownership Beneficially Form: Direct Owned (D) or Following Indirect (I) Reported (Instr. 4) Transaction(s) (Instr. 3 and 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	02/12/2010		Code V M	Amount 29,390 (1)	(D)	Price \$ 0	2,426,077	D	
Common Stock	02/12/2010		F	10,713 (1)	D	\$ 14.56	2,415,364	D	
Common Stock	02/13/2010		M	47,334 (2)	A	\$ 0	2,462,698	D	
Common Stock	02/13/2010		F	17,254 (2)	D	\$ 14.56	2,445,444	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orderivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title ar Underlyir (Instr. 3 a
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title
Restricted Stock Units (DU003832)	\$ 0	02/12/2010		M	,	20,000	02/12/2008(3)	02/12/2017	Commo
Restricted Stock Units (DV005219)	\$ 0	02/12/2010		M		9,390 (1)	02/12/2008(3)	02/12/2017	Commo
Non Qualified Stock Option (right to buy-DF)	\$ 14.56	02/12/2010		A	222,084		02/12/2011(4)	02/12/2020	Commo
Restricted Stock Units	\$ 0	02/12/2010		A	75,286		02/12/2011(5)	02/12/2020	Commo
Restricted Stock Units (DU004396)	\$ 0	02/13/2010		M		47,334 (2)	02/13/2010(5)	02/13/2019	Commo

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
ENGLES GREGG L 2515 MCKINNEY AVENUE, SUITE 1200 DALLAS, TX 75201	X		Chairman of the Board and					
Signatures								
Katherine K. Connell, Attorney In Fact	02/17/2010							
**Signature of Reporting Person	Date							

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The reporting person received a total of 29,390 shares of Common Stock of the Issuer pursuant to the vesting provisions in the award of (1) restricted stock units. A total of 10,713 shares were surrendered to satisfy tax obligations of the reporting person, resulting in the issuance of a total of 18,677 net shares of Common Stock.
- The reporting person received a total of 47,334 shares of Common Stock of the Issuer pursuant to the vesting provisions in the award of restricted stock units. A total of 17,254 shares were surrendered to satisfy tax obligations of the reporting person, resulting in the issuance of a total of 30,080 net shares of Common Stock.
- The reporting person has received an award of restricted stock units which is the right to receive shares of Common Stock of the Issuer in the future, subject to the terms and conditions of the award agreement. The restricted stock units vest annually, on a pro rata basis, over a five year period beginning on the first anniversary date of the grant.
- (4) The shares of Common Stock subject to the Option vest annually, on a pro rata basis, over a three year period beginning on the first anniversary of the grant date, subject to the terms and conditions of the award agreement.
- The reporting person has received an award of restricted stock units, which is the right to receive shares of Common Stock of the Issuer in (5) the future, subject to the terms and conditions of the award agreement. The units vest annually, on a pro rata basis, over a three year period beginning on the first anniversary of the grant date, subject to certain accelerated vesting provisions.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.