Edgar Filing: Kemps Steven J - Form 4

Kemps Steven I

Kemps Steven J								
Form 4 May 11, 2012								
	OMB APPROVAL							
UNITED		ECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549			OMB Number:	3235-0287		
Check this box if no longer subject to Section 16. Form 4 or	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES				Expires: January 31, 2005 Estimated average burden hours per response 0.5			
Form 5 obligations may continue. See Instruction 1(b). Form 5 Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940								
(Print or Type Responses)								
1. Name and Address of Reporting Kemps Steven J	uer Name and Ticker 1 N FOODS CO [D	Issuer						
(Last) (First) (I		of Earliest Transaction	-	(Check	all applicable)		
2711 NORTH HASKELL AVENUE, SUITE 3400	,	/Day/Year)		Director X Officer (give t below) EVP, Ger		Owner r (specify and		
(Street) 4. If Amendment, Date Filed(Month/Day/Year)			inal	Applicable Line)	int/Group Filing(Check			
DALLAS, TX 75204				_X_ Form filed by On Form filed by Mo Person				
(City) (State)	(Zip) Ta	ıble I - Non-Derivati	ve Securities Ad	equired, Disposed of,	or Beneficiall	y Owned		
1.Title of Security (Instr. 3)2. Transaction Date (Month/Day/Year)2A. Deemed Execution Date, if any (Month/Day/Year)		Transactionor Disp Code (Instr. 3	(A)	 S. Amount of Securities Beneficially Owned Following Reported Transaction(s) 	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
		Code V Amoun		(Instr. 3 and 4)				
Common 05/09/2012 Stock		S $\frac{26,330}{(1)}$	⁰ D ${(2)}$ D ${(2)}$	89 13,361	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transact Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		Date	Secur	unt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Own Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
1	Director	10% Owner	Officer	Other			
Kemps Steven J 2711 NORTH HASKELL AVENUE SUITE 3400 DALLAS, TX 75204			EVP, General Counsel and				
Signatures							
Katherine K. Connell, Attorney In Fact	05	/11/2012					
**Signature of Reporting Person		Date					

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Sales are pursuant to a 10b5-1 Sales Plan dated February 23, 2012, between reporting person and J.P. Morgan Securities LLC, acting as agent, to permit the orderly disposition of a portion of the reporting person's holdings of the Issuer's common stock, par value \$0.01 per share.

The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$13.60 to \$14.25, inclusive. The reporting person undertakes to provide to Issuer, any security holder of Issuer or the staff of the Securities and C_{12} To \$14.25, inclusive. The reporting person undertakes to provide to Issuer, any security holder of Issuer or the staff of the Securities and C_{12} To \$14.25, inclusive. The reporting person undertakes to provide to Issuer, any security holder of Issuer or the staff of the Securities and C_{12} To \$14.25, inclusive.

(2) Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.