McCRUMMEN RONALD L

Form 4

February 18, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

OMB APPROVAL

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005 Estimated average

0.5

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Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

response...

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * McCRUMMEN RONALD L			2. Issuer Name and Ticker or Trading Symbol DEAN FOODS CO [DF]				ng	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(M			(Month/D	3. Date of Earliest Transaction (Month/Day/Year) 02/12/2010				(Check all applicable) Director 10% Owner X Officer (give title Other (specify below) SVP & Chief Accounting Officer			
File				4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
DALLAS,,	TX 75201							Person	.1010 111111 0110 110	pormg	
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed o	f, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction I (Month/Day/Ye	ear) Execution	emed on Date, if 'Day/Year)	4. Securities Acquired n(A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following	Indirect (I)			
				Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)			
Common Stock	02/12/2010			M	2,057 (1)	A	\$ 0	15,278	D		
Common Stock	02/12/2010			F	560 (1)	D	\$ 14.56	14,718	D		
Common Stock	02/13/2010			M	2,834 (2)	A	\$ 0	17,552	D		
Common	02/13/2010			F	750 (2)	D	\$	16.802	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

F

750 (2) D

16,802

D

02/13/2010

Stock

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Underlying (Instr. 3 and
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title
Restricted Stock Units (DU003846)	\$ 0	02/12/2010		M		1,400 (1)	02/12/2008	02/12/2017	Common Stock
Restricted Stock Units (DV005233)	\$ 0	02/12/2010		M		657 (1)	02/12/2008(3)	02/12/2017	Common Stock
Non Qualified Stock Option (right-to-buy)	\$ 14.56	02/12/2010		A	14,484		02/12/2011(4)	02/12/2020	Common Stock
Restricted Stock Units	\$ 0	02/12/2010		A	4,910		02/12/2011(5)	02/12/2020	Common Stock
Restricted Stock Units (DU004411)	\$ 0	02/13/2010		M		2,834 (2)	02/13/2010(5)	02/13/2019	Common Stock

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		

McCRUMMEN RONALD L 2515 MCKINNEY AVENUE SUITE 1200 DALLAS,, TX 75201

SVP & Chief Accounting Officer

Deletionships

Signatures

Marilyn M. Miville, Attorney-In-Fact 02/17/2010

**Signature of Reporting Person Date

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The reporting person received a total of 2,057 hares of common stock of the Issuer pursuant to the vesting provisions in the award of (1) restricted stock units. A total of 560 shares were surrendered to satisfy tax obligations of the reporting person, resulting in the issuance of a total of 1,497 net shares of common stock
- The reporting person received a total of 2,834 shares of Common Stock of the Issuer pursuant to the vesting provisions in the award of (2) restricted stock units. A total of 750 shares were surrendered to satisfy tax obligations of the reporting person, resulting in the issuance of a total of 2,084 net shares of Common Stock.
- The reporting person has received an award of restricted stock units, which is the right to receive shares of common stock of the Issurer in (3) the future, subject to the terms and conditions of the award agreement. The units vest annually, on a pro rata basis, over a five year period beginning on the first anniversary of the grant date, subject to certain accelerated vesting provisions.
- (4) The shares of Common Stock subject to the Option vest annually, on a pro rata basis, over a three year period beginning on the first anniversary of the grant date, subject to the terms and conditions of the award agreement.
- The reporting person has received an award of restricted stock units which is the right to receive shares of Common Stock of the Issuer in (5) the future, subject to the terms and conditions of the award agreement. The restricted stock units vest annually, on a pro rata basis, over a three year period beginning on the first anniversary of the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.