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NBT BANC Form 4 August 01, 2													
										OMB A	PPROVAL		
FORM	14 UNITED	STATES				ND EXC D.C. 205		NGE	COMMISSION	NOMB	3235-0287		
Check th				8	,					Expires:	January 31,		
if no long subject to Section 1 Form 4 o Form 5	F CHANGES IN BENEFICIAL OWNERSHIP (SECURITIES Section 16(a) of the Securities Exchange Act of 193							Estimated burden hor response	urs per				
obligatio may cont <i>See</i> Instru 1(b).	ns Section 170	(a) of the		ility H	lold	ing Com	pany	Act o	of 1935 or Section	on			
(Print or Type I	Responses)												
1. Name and A WEBB JAC	2. Issuer Name and Ticker or Trading Symbol 5. Rela Issuer NBT BANCORP INC [NBTB]					-	nship of Reporting Person(s) to						
(Last)	(First) (Middle)				-	נסוכ		(Che	eck all applicable)			
(Last) (First) (Middle)			3. Date of Earliest Transaction (Month/Day/Year)						X_ Director 10% Owner				
52 SOUTH	BROAD STREE	ΕT	07/30/20)13					X Officer (giv below) EVP	ve title Oth below) Strategic Supp	ner (specify ort		
	4. If Amer	4. If Amendment, Date Original					6. Individual or Joint/Group Filing(Check						
NORWICH	, NY 13815		Filed(Mon	th/Day/Y	(ear)				Applicable Line) _X_ Form filed by Form filed by Person	One Reporting P More than One R			
(City)	(State)	(Zip)	Table	e I - No	n-De	erivative S	Securi	ties Ac	quired, Disposed o	of, or Beneficia	ally Owned		
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Year) Executi any	emed on Date, if /Day/Year)	3. 4. Securities TransactionAcquired (A) or Code Disposed of (D) (Instr. 8) (Instr. 3, 4 and 5) (A) or)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)				
NBT				Code	v	Amount		Price	(Instr. 3 and 4)				
Bancorp Inc. Common Stock	07/30/2013	07/30/	2013	G		250	D	\$ 0	83,742	D			
NBT Bancorp Inc. Common Stock									25,640	I	401k		
NBT Bancorp									217	Ι	Spouse		

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Inc. Common Stock			
NBT Bancorp Inc. Common Stock	435	Ι	by Daughter

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Exercisable Date

of

Shares

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative	2. Conversion	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if	4. Transacti	5. orNumber	6. Date Exer Expiration D		7. Title Amoun		8. Price of Derivative	9. Nu Deriv
		(Wonth/Day/Tear)	,			*					
Security	or Exercise		any	Code	of	(Month/Day/	(Year)	Underly	yıng	Security	Secu
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivativ	e		Securiti	ies	(Instr. 5)	Bene
	Derivative				Securities	3		(Instr. 3	3 and 4)		Owne
	Security				Acquired						Follo
	•				(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
								,	Amount		
									or		
						Date	Expiration		Number		

Code V (A) (D)

Reporting Owners

Reporting Owner Name / Address	Relationships								
reporting officer (unit) (rear out	Director	10% Owner	Officer	Oth	her				
WEBB JACK H 52 SOUTH BROAD STREET NORWICH, NY 13815	Х		EVP Strategi	c Support					
Signatures									
By: F. Sheldon Prentice, Power Webb	08/01/2013								

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.