NBT BANCORP INC

Form 4

January 06, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

January 31, 2005

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obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

See Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * CHEWENS MICHAEL J			2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [NBTB]	5. Relationship of Reporting Person(s) to Issuer		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Check all applicable)		
52 SOUTH BROAD STREET			(Month/Day/Year) 01/02/2014	Director 10% OwnerX_ Officer (give title Other (specify below) Sr EVP & CFO		
(Street)			4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
NORWICH, NY 13815			Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		
(City)	(Ctata)	(7:n)				

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(City)	(State)	(Zip) Tab	le I - Non-	Derivativ	e Secu	rities Acqui	red, Disposed of,	or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)	omr Dispo (Instr. 3,	sed of 4 and (A) or	5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
NBT Bancorp Inc. Common Stock	01/02/2014		Code V	Amount 1,903	(D)	Price \$ 25.9	43,017	D	
NBT Bancorp Inc. Common Stock	01/06/2014		S	2,597	D	\$ 25.3753	40,420	D	
NBT Bancorp							14,355.939	I	401k

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Inc.

Common

Stock

NBT

Bancorp
Inc. 3,922.861 I Bancorp
Common ESOP

Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. DriNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			7. Title and Amount Underlying Securitie (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amou or Numb of Sha
Non-Qualified Stock Option (right to buy)	\$ 20.19					01/15/2011(2)	01/15/2020	NBT Bancorp Inc. Common Stock	3,60
Non-Qualified Stock Option (right to buy)	\$ 22.352					01/01/2007(3)	01/01/2016	NBT Bancorp Inc. Common Stock	22,00
Non-Qualified Stock Option (right to buy)	\$ 23.2708					01/20/2006(3)	01/20/2015	NBT Bancorp Inc. Common Stock	17,50
Non-Qualified Stock Option	\$ 25.38					01/15/2010(2)	01/15/2019	NBT Bancorp	18,00

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(right to buy) Inc. Common

Stock

NBT Non-Qualified Bancorp

Inc.

01/01/2008(3) 01/01/2017 **Stock Option** \$ 25.762 (right to buy)

Common Stock

20,0

Reporting Owners

Relationships Reporting Owner Name / Address Director 10% Owner Officer Other

CHEWENS MICHAEL J Sr EVP & CFO

52 SOUTH BROAD STREET NORWICH, NY 13815

Signatures

By: F. Sheldon Prentice, Power of Attorney For: Michael J. 01/06/2014 Chewens

> **Signature of Reporting Person Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sale price is an average 2,597 shares sold at prices between \$25.20 and \$25.53.
- (2) Pursuant to NBT Bancorp Inc. Omnibus Stock Option Agreement the grant vests 40% for first year, 20% annually for following years.
- (3) Pursuant to NBT Bancorp Inc. 1993 Stock Option Plan grant vests 40% for first year, 20% annually for following years.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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