BIDDLE WILLING L

Form 4

Stock

Stock

Common

December 28, 2018

December 28	, 2018										
FORM	4						~ ~		PPROVAL		
	UNITEDS		CURITIES A Washington,			GE (COMMISSION	OMB Number:	3235-0287		
Check this	or .							Expires:	January 31, 2005		
if no longer subject to Section 16. Form 4 or							Estimated average burden hours per response 0.				
Form 5 obligation may continue See Instruction 1(b).	s Section 17(a)	of the Publi		ling Com	pany A	Act o	ge Act of 1934, f 1935 or Sectio 40	n			
(Print or Type Re	esponses)										
1. Name and Address of Reporting Person * BIDDLE WILLING L			2. Issuer Name and Ticker or Trading Symbol URSTADT BIDDLE PROPERTIES				5. Relationship of Reporting Person(s) to Issuer				
			[UBP]	DEL I RO	1 LICI	iLS	(Check all applicable)				
(Last) 53 ELMWO	. ,	(Mor	te of Earliest Transleth/Day/Year) 8/2018	ansaction			_X_ Director _X_ Officer (give below)	below)	er (specify		
00 22111 (0								sident and CEO			
	(Street)		Amendment, Da (Month/Day/Year)	_			6. Individual or Jo Applicable Line) _X_ Form filed by Application		erson		
SOUTH SAI	LEM, NY 10590						Person	More than One Re	porting		
(City)	(State) (Z	Cip)	Гable I - Non-D	erivative S	Securiti	ies Ac	quired, Disposed o	f, or Beneficia	lly Owned		
1.Title of Security (Month/Day/Year) Execution Date, (Instr. 3) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year)		Code	4. Securi onAcquired Disposed (Instr. 3,	(A) or of (D) 4 and 5		5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)				
Common Stock	12/28/2018		J	411 (1)	A	\$0	2,222,954	D (2)			
Common Stock							368,379	I	See Footnote (3)		
Common							367,171	I	See Footnote		

367,171

33,412

5,163

I

I

footnote (5)

(4) See

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Common Stock			See footnote (6)
Common Stock	1,070	I	See footnote (7)
Common Stock	21,000	I	See footnote (8)
Common Stock	1,738	I	See footnote (9)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (Instr.	etion	5. aNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Secur	int of rlying	8. Price of Derivative Security (Instr. 5)
				Code	V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
BIDDLE WILLING L 53 ELMWOOD ROAD SOUTH SALEM, NY 10590	X	X	President and CEO				

Signatures

/s/ Willing L.
Biddle

**Signature of Reporting Person

12/28/2018

Date

Reporting Owners 2

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
 - On December 28, 2018, the Trust Established Under the Urstadt Biddle Properties Inc. Excess Benefit and Deferred
- (1) Compensation Plan of 2005 (the "Plan") made a required distribution of 411 shares of Common Stock to the reporting person, a participant in the Issuer's Plan.
- Shares held by the reporting person, of which 995,000 are restricted shares, subject to vesting, issued pursuant to the Issuer's Restricted Stock Award Plan.
- (3) Shares held by Willing L. Biddle 2012 Dynasty Trust.
- (4) Shares held by Catherine U. Biddle 2012 Dynasty Trust.
 - Shares held by Catherine U. Biddle, spouse of the reporting person, of which 5,200 are restricted shares, subject to vesting, issued to Mrs. Biddle pursuant to the Issuer's Restricted Stock Award Plan. The number of shares reported does not include shares of Common Stock of the Issuer owned by Urstadt Realty Associates Co LP ("URACO"), of which the Catherine U. Biddle
- Irrevocable Trust (the "CUB Trust") is a limited partner. Catherine U. Biddle is the sole beneficiary of the CUB Trust. The number of shares reported also does not include shares of Common Stock of the Issuer owned by Urstadt Property Company, Inc. ("UPCO"), of which Catherine U. Biddle is an officer and shareholder. Shares held by URACO and UPCO are separately reported by Charles J. Urstadt, the controlling shareholder and UPCO, the general partner of URACO.
- (6) Shares held by Willing L. Biddle Inherited IRA.
- (7) Shares held by Charles Biddle Trust.
- (8) Shares held by Shares held by Trust UW PTB Art 4.1.
- Shares held by Excess Benefit and Deferred Compensation Plan of 2005, of which the Reporting Person is a participant. These shares participate in the Issuer's Dividend Reinvestment and Share Purchase Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.