## Edgar Filing: Keeth Martha Frances - Form 4

Keeth Martl Form 4											
March 08, 2									OMB A	PPROVAL	
	UNITED	STATES		RITIES A shington			NGE (	COMMISSIO	N OMB Number:	3235-0287	
Check th if no lon subject to Section Form 4 Form 5 obligation may con <i>See</i> Insta 1(b).	nger 16. 16. or Filed pur Dns Section 17(	rsuant to S (a) of the l	T OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES t to Section 16(a) of the Securities Exchange Act of 1934, the Public Utility Holding Company Act of 1935 or Sectior 0(h) of the Investment Company Act of 1940						Estimated burden hou response	urs per	
(Print or Type	Responses)										
1. Name and Address of Reporting Person <u>*</u> Keeth Martha Frances			2. Issuer Name <b>and</b> Ticker or Trading Symbol VERIZON COMMUNICATIONS INC [VZ]				-	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
	COMMUNICAT AVENUE OF TI			of Earliest Tr Day/Year) 2018	ransaction			X Director Officer (giv below)	ve title109 below)	% Owner her (specify	
				4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
NEW YOR	K, NY 10036							Form filed by Person	More than One R	eporting	
(City)	(State)	(Zip)	Tab	ole I - Non-I	Derivative	Securit	ties Ac	quired, Disposed	of, or Beneficia	lly Owned	
1.Title of Security2. Transaction Date (Month/Day/Year)2A. Deemed Execution D any (Month/Day			Date, if	3. 4. Securities te, if TransactionAcquired (A) or Code Disposed of (D) Year) (Instr. 8) (Instr. 3, 4 and 5) (A) or Code V Amount (D) Price				Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Indirect	
Reminder: Re	port on a separate line	e for each cl	ass of sec					indirectly			

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number prof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		Underlying Securities (Instr. 3 and 4)		8. Pric Deriva Securi (Instr.
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Phantom Stock	<u>(1)</u>	03/06/2018		А	3,579	<u>(1)</u>	(1)	Common Stock	3,579	\$

## **Reporting Owners**

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Keeth Martha Frances VERIZON COMMUNICATIONS INC. 1095 AVENUE OF THE AMERICAS NEW YORK, NY 10036	Х						
Signatures							
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William L. Horton, Jr., Attorney-in-fact for Keeth, Martha Frances

\*\*Signature of Reporting Person

## **Explanation of Responses:**

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Each share of phantom stock is the economic equivalent of one share of common stock and is settled in cash. The shares of phantom stock (1)become payable following the reporting person's termination of service as a director.
- (2) Includes phantom stock acquired through dividend reinvestment.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

03/08/2016

Date