Stagliano Joseph R Form 4 January 16, 2018

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading Stagliano Joseph R Issuer Symbol NBT BANCORP INC [NBTB] (Check all applicable) (Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) Director **52 SOUTH BROAD STREET**

10% Owner Other (specify _X__ Officer (give title 01/15/2018 below) EVP Ops and Retail Banking

(Street) 4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person

OMB APPROVAL

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January 31,

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NORWICH, NY 13815

(City)	(State)	(Zip) Tabl	e I - Non-I	Derivative	Secui	rities Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	(Instr. 3,	ispose 4 and (A) or	ed of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
NBT Bancorp Inc. Common Stock	01/15/2018		Code V	Amount 215	,	Price \$ 38.16	49,455	D	
NBT Bancorp Inc. Common Stock	01/15/2018		F	241	D	\$ 38.16	49,214	D	
NBT Bancorp	01/15/2018		F	1,147	D	\$ 38.16	48,067	D	

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Inc. Common Stock								
NBT Bancorp Inc. Common Stock	01/15/2018	F	230	D	\$ 38.16	47,837	D	
NBT Bancorp Inc. Common Stock	01/15/2018	F	174	D	\$ 38.16	47,663	D	
NBT Bancorp Inc. Common Stock						5,261.498	I	401k
NBT Bancorp Inc. Common Stock						1,547.671	I	NBT Bancorp ESOP

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

(right to buy)

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D)			7. Title and Amount Underlying Securitie (Instr. 3 and 4)	
Non-Qualified Stock Option	\$ 20.19		Code V	(Instr. 3, 4, and 5) (A) (D)	Date Exercisable 01/15/2011(1)	Expiration Date 01/15/2020	Title NBT Bancorp	Amou Numb Shares

Inc.

Common Stock

NBT
Bancorp
Phantom Stock (2) (2) (2) Inc. 8,294
Common Stock

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Stagliano Joseph R 52 SOUTH BROAD STREET NORWICH, NY 13815

EVP Ops and Retail Banking

Signatures

By: F. Sheldon Prentice, Power of Attorney For: Joseph R. Stagliano

01/16/2018

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Pursuant to NBT Bancorp Inc. Omnibus Stock Option Agreement the grant vests 40% for first year, 20% annually for following years.
- (2) Each share of phantom stock is deemed invested in one share of NBT Bancorp Inc. common stock pursuant to the terms of the Deferred Compensation Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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