

RYANAIR HOLDINGS PLC  
Form 6-K  
February 08, 2019

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 6-K

Report of Foreign Private Issuer

Pursuant to Rule 13a-16 or 15d-16  
of the Securities Exchange Act of 1934

For the month of February 2019

RYANAIR HOLDINGS PLC  
(Translation of registrant's name into English)

c/o Ryanair Ltd Corporate Head Office  
Dublin Airport  
County Dublin Ireland  
(Address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual  
reports under cover Form 20-F or Form 40-F.

Form 20-F..X.. Form 40-F

Indicate by check mark whether the registrant by furnishing the information  
contained in this Form is also thereby furnishing the information to the  
Commission pursuant to Rule 12g3-2(b) under the Securities Exchange  
Act of 1934.

Yes No ..X..

If "Yes" is marked, indicate below the file number assigned to the registrant  
in connection with Rule 12g3-2(b): 82- \_\_\_\_\_

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Notification of Transactions by Persons Discharging Managerial Responsibilities and Persons Closely Associated with them

This form is required for disclosure of transactions under Article 19 of Regulation (EU) No 596/2014 of the European Parliament and of the Council of 16 April 2014 on market abuse (Market Abuse Regulation)

Details of the person discharging managerial responsibilities/person closely associated

Reason for the notification

Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor

Details of the transaction(s): section (iii) each date; and (iv) each place

Name	Position/status	Initial Notification Amendment	Name	LEI	Description of the financial instrument, type of instrument Identification code	Nature of the transaction
David Bonderman	Non-Executive Director	Initial notification	Ryanair Holdings Plc	635400BR2ROC1FVEBQ56	Ordinary Shares of nominal value €0.006 each ISIN: IE00BYTBXV33	Grant of stock option
Emer Daly	Non-Executive Director	Initial notification	Ryanair Holdings Plc	635400BR2ROC1FVEBQ56	Ordinary Shares of nominal value €0.006 each ISIN: IE00BYTBXV33	Grant of stock option
Howard Millar	Non-Executive Director	Initial notification	Ryanair Holdings Plc	635400BR2ROC1FVEBQ56	Ordinary Shares of nominal value €0.006 each ISIN: IE00BYTBXV33	Grant of stock option
Julie O'Neill	Non-Executive Director	Initial notification	Ryanair Holdings Plc	635400BR2ROC1FVEBQ56	Ordinary Shares of nominal value €0.006 each ISIN: IE00BYTBXV33	Grant of stock option
Kyran McLaughlin	Non-Executive Director	Initial notification	Ryanair Holdings Plc	635400BR2ROC1FVEBQ56	Ordinary Shares of nominal value €0.006 each ISIN: IE00BYTBXV33	Grant of stock option
Louise Phelan	Non-Executive Director	Initial notification	Ryanair Holdings Plc	635400BR2ROC1FVEBQ56	Ordinary Shares of nominal value €0.006 each ISIN: IE00BYTBXV33	Grant of stock option
Michael Cawley	Non-Executive Director	Initial notification	Ryanair Holdings Plc	635400BR2ROC1FVEBQ56	Ordinary Shares of nominal value €0.006 each ISIN: IE00BYTBXV33	Grant of stock option
Michael O'Brien	Non-Executive Director	Initial notification	Ryanair Holdings Plc	635400BR2ROC1FVEBQ56	Ordinary Shares of nominal value €0.006 each ISIN: IE00BYTBXV33	Grant of stock option
Michael O'Leary	Executive Director	Initial notification	Ryanair Holdings	635400BR2ROC1FVEBQ56	Ordinary Shares of nominal value €0.006	Grant of stock option

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			Plc	each	ISIN: IE00BYTBXV33	
Roisin Brennan	Non-Executive Director	Initial notification	Ryanair Holdings Plc 635400BR2ROC1FVEBQ56	56	Ordinary Shares of nominal value €0.006 each	Grant of stock option
Richard Milliken	Non-Executive Director	Initial notification	Ryanair Holdings Plc 635400BR2ROC1FVEBQ56	56	Ordinary Shares of nominal value €0.006 each	Grant of stock option
Stan McCarthy	Non-Executive Director	Initial notification	Ryanair Holdings Plc 635400BR2ROC1FVEBQ56	56	Ordinary Shares of nominal value €0.006 each	Grant of stock option

1 Details of the person discharging managerial responsibilities/person closely associated

a) Name David Bonderman

Reason for the notification

a) Position/status Non-Executive Director

b) Initial Notification Amendment Initial notification

3 Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor

a) Name Ryanair Holdings Plc  
635400BR2ROC1FVEBQ56

b) LEI

4 Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted

Ordinary Shares of nominal value €0.006 each

a) Description of the financial instrument, type of instrument

Identification code ISIN: IE00BYTBXV33

b) Nature of the transaction Grant of a stock option

c) Price(s) and volume(s)

Price(s)	Volume(s)
€11.12	50,000

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- |                             |                                     |
|-----------------------------|-------------------------------------|
| Aggregated information      |                                     |
| d) - Aggregated volume      | Not applicable - single transaction |
| - Price                     |                                     |
| e) Date of the transaction  | 2019-02-08                          |
| f) Place of the transaction | Dublin, Ireland                     |
| g) Additional Information   |                                     |

1 Details of the person discharging managerial responsibilities/person closely associated

- |                                   |                        |
|-----------------------------------|------------------------|
| a) Name                           | Emer Daly              |
| Reason for the notification       |                        |
| a) Position/status                | Non-Executive Director |
| b) Initial Notification Amendment | Initial notification   |

3 Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor

- |         |                      |
|---------|----------------------|
| a) Name | Ryanair Holdings Plc |
| b) LEI  | 635400BR2ROC1FVEBQ56 |

4 Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted

- |  |  |
|--|--|
|  | Ordinary Shares of nominal value €0.006 each |
|--|--|

a) Description of the financial instrument, type of instrument

- |                     |                    |
|---------------------|--------------------|
| Identification code | ISIN: IE00BYTBXV33 |
|---------------------|--------------------|

- |                              |   |
|------------------------------|---|
| b) Nature of the transaction | Grant of a stock option                       |
| c) Price(s) and volume(s)    | Price(s)      Volume(s)<br>€11.12      50,000 |

- |                             |                                     |
|-----------------------------|-------------------------------------|
| Aggregated information      |                                     |
| d) - Aggregated volume      | Not applicable - single transaction |
| - Price                     |                                     |
| e) Date of the transaction  | 2019-02-08                          |
| f) Place of the transaction | Dublin, Ireland                     |
| g) Additional Information   |                                     |

Details of the person discharging managerial responsibilities/person  
1 closely associated

a) Name Howard Millar

Reason for the notification

a) Position/status Non-Executive Director

Initial notification

b) Initial Notification Amendment

3 Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor

a) Name Ryanair Holdings Plc  
635400BR2ROC1FVEBQ56

b) LEI

4 Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted

Ordinary Shares of nominal value €0.006 each

a) Description of the financial instrument, type of instrument  
Identification code

ISIN: IE00BYTBXV33

b) Nature of the transaction Grant of a stock option

c) Price(s) and volume(s) Price(s) Volume(s)  
€11.12 50,000

d) - Aggregated information Not applicable - single transaction  
- Aggregated volume  
- Price

e) Date of the transaction 2019-02-08

f) Place of the transaction Dublin, Ireland

g) Additional Information

Details of the person discharging managerial responsibilities/person  
1 closely associated

a) Name Julie O'Neill

Reason for the notification

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- a) Position/status Non-Executive Director
- b) Initial Notification Amendment Initial notification
- 3 Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor
- a) Name Ryanair Holdings Plc
- b) LEI 635400BR2ROC1FVEBQ56
- 4 Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted
- Ordinary Shares of nominal value €0.006 each
- Description of the financial instrument, type of instrument
- a) Identification code ISIN: IE00BYTBXV33
- b) Nature of the transaction Grant of a stock option
- c) Price(s) and volume(s)
- | Price(s) | Volume(s) |
|----------|-----------|
| €11.12   | 50,000    |
- d) - Aggregated information Not applicable - single transaction
- Price
- e) Date of the transaction 2019-02-08
- f) Place of the transaction Dublin, Ireland
- g) Additional Information

1 Details of the person discharging managerial responsibilities/person closely associated

- a) Name Kyran McLaughlin
- Reason for the notification
- a) Position/status Non-Executive Director
- b) Initial Notification Amendment Initial notification

3 Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor

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- a) Name Ryanair Holdings Plc  
 b) LEI 635400BR2ROC1FVEBQ56

4 Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted

Ordinary Shares of nominal value €0.006 each

- a) Description of the financial instrument, type of instrument  
 Identification code

ISIN: IE00BYTBXV33

- b) Nature of the transaction Grant of a stock option

- c) Price(s) and volume(s)
- | Price(s) | Volume(s) |
|----------|-----------|
| €11.12   | 50,000    |

- d) - Aggregated information  
 - Aggregated volume Not applicable - single transaction  
 - Price

- e) Date of the transaction 2019-02-08

- f) Place of the transaction Dublin, Ireland

- g) Additional Information

1 Details of the person discharging managerial responsibilities/person closely associated

- a) Name Louise Phelan

Reason for the notification

- a) Position/status Non-Executive Director

Initial notification

- b) Initial Notification Amendment

3 Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor

- a) Name Ryanair Holdings Plc  
 b) LEI 635400BR2ROC1FVEBQ56

4 Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted

- a) Description of the financial instrument,

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type of instrument  
Identification code

Ordinary Shares of nominal value €0.006 each

ISIN: IE00BYTBXV33

b) Nature of the transaction Grant of a stock option

c) Price(s) and volume(s) Price(s) Volume(s)  
€11.12 50,000

Aggregated information

d) - Aggregated volume Not applicable - single transaction  
- Price

e) Date of the transaction 2019-02-08

f) Place of the transaction Dublin, Ireland

g) Additional Information

1 Details of the person discharging managerial responsibilities/person closely associated

a) Name Michael Cawley

Reason for the notification

a) Position/status Non-Executive Director

b) Initial Notification Amendment Initial notification

3 Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor

a) Name Ryanair Holdings Plc  
635400BR2ROC1FVEBQ56

b) LEI

4 Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted

a) Description of the financial instrument, type of instrument  
Identification code

Ordinary Shares of nominal value €0.006 each

ISIN: IE00BYTBXV33



b) Nature of the transaction	Grant of a stock option	
c) Price(s) and volume(s)	Price(s)	Volume(s)
	€11.12	50,000
d) - Aggregated information - Aggregated volume - Price	Not applicable - single transaction	
e) Date of the transaction	2019-02-08	
f) Place of the transaction	Dublin, Ireland	
g) Additional Information		

1 Details of the person discharging managerial responsibilities/person closely associated

a) Name	Michael O'Brien
Reason for the notification	

a) Position/status	Non-Executive Director
--------------------	------------------------

b) Initial Notification Amendment	Initial notification
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3 Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor

a) Name	Ryanair Holdings Plc
b) LEI	635400BR2ROC1FVEBQ56

4 Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted

Ordinary Shares of nominal value €0.006 each

a) Description of the financial instrument, type of instrument Identification code	ISIN: IE00BYTBXV33
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b) Nature of the transaction	Grant of a stock option	
c) Price(s) and volume(s)	Price(s)	Volume(s)
	€11.12	50,000
d) Aggregated information		

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- Aggregated volume Not applicable - single
- Price transaction
- 2019-02-08
- e) Date of the transaction
- f) Place of the transaction Dublin, Ireland
- g) Additional Information

1 Details of the person discharging managerial responsibilities/person closely associated

a) Name Michael O'Leary

Reason for the notification

a) Position/status Executive Director

Initial notification

b) Initial Notification Amendment

3 Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor

- a) Name Ryanair Holdings Plc
- 635400BR2ROC1FVEBQ56
- b) LEI

4 Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted

Ordinary Shares of nominal value €0.006 each

a) Description of the financial instrument, type of instrument

Identification code

ISIN: IE00BYTBXV33

b) Nature of the transaction Grant of a stock option

c) Price(s) and volume(s) Price(s) Volume(s)  
€11.12 10,000,000

Aggregated information

d) - Aggregated volume Not applicable - single

- Price transaction

e) Date of the transaction 2019-02-08

f) Place of the transaction Dublin, Ireland

g) Additional Information

Details of the person discharging managerial responsibilities/person  
1 closely associated

a) Name Roisin Brennan

Reason for the notification

a) Position/status Non-Executive Director

Initial notification

b) Initial Notification Amendment

3 Details of the issuer, emission allowance market participant, auction  
platform, auctioneer or auction monitor

a) Name Ryanair Holdings Plc

b) LEI

635400BR2ROC1FVEBQ56

4 Details of the transaction(s): section to be repeated for (i) each type of  
instrument; (ii) each type of transaction; (iii) each date; and (iv) each  
place where transactions have been conducted

Ordinary Shares of nominal  
value €0.006 each

a) Description of the financial instrument,  
type of  
instrument

Identification code

ISIN: IE00BYTBXV33

b) Nature of the transaction

Grant of a stock option

c) Price(s) and volume(s)

Price(s)	Volume(s)
€11.12	50,000

d) - Aggregated information  
- Aggregated volume  
- Price

Not applicable - single  
transaction

e) Date of the transaction

2019-02-08

f) Place of the transaction

Dublin, Ireland

g) Additional Information

Details of the person discharging managerial responsibilities/person  
1 closely associated

a) Name Richard Milliken

Reason for the notification

- a) Position/status Non-Executive Director
- b) Initial Notification Amendment Initial notification
- 3 Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor
- a) Name Ryanair Holdings Plc
- b) LEI 635400BR2ROC1FVEBQ56

- 4 Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted
- Ordinary Shares of nominal value €0.006 each

- Description of the financial instrument, type of instrument
- a) Identification code ISIN: IE00BYTBXV33

- b) Nature of the transaction Grant of a stock option
- c) Price(s) and volume(s)
- | Price(s) | Volume(s) |
|----------|-----------|
| €11.12   | 50,000    |
- d) - Aggregated information Not applicable - single transaction
- Price
- e) Date of the transaction 2019-02-08
- f) Place of the transaction Dublin, Ireland
- g) Additional Information

- 1 Details of the person discharging managerial responsibilities/person closely associated

- a) Name Stan McCarthy
- Reason for the notification

- a) Position/status Non-Executive Director
- b) Initial Notification Amendment Initial notification

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Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor

- a) Name Ryanair Holdings Plc  
635400BR2ROC1FVEBQ56  
b) LEI

- 4 Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted

- Description of the financial instrument, value €0.006 each  
a) type of instrument Ordinary Shares of nominal value €0.006 each  
Identification code ISIN: IE00BYTBXV33  
b) Nature of the transaction Grant of a stock option  
c) Price(s) and volume(s)  
Price(s) Volume(s)  
€11.12 50,000  
d) - Aggregated information Not applicable - single transaction  
- Price  
e) Date of the transaction 2019-02-08  
f) Place of the transaction Dublin, Ireland  
g) Additional Information

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned, hereunto duly authorized.

RYANAIR HOLDINGS PLC

Date: 08 February, 2019

By: \_\_\_/s/ Juliusz Komorek\_\_\_

Juliusz Komorek  
Company Secretary

