NBT BANCORP INC

Form 4

February 03, 2017

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB Number:

3235-0287

Expires:

Form filed by More than One Reporting

January 31, 2005

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SECURITIES obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading DIETRICH MARTIN A Issuer Symbol NBT BANCORP INC [NBTB] (Check all applicable) (Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) _X__ Director 10% Owner Officer (give title Other (specify **52 SOUTH BROAD STREET** 02/02/2017 below) (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person

NORWICH, NY 13815

Bancorp

			Person								
(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securit ovor Dispos (Instr. 3, 4	ed of		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
NBT Bancorp Inc. Common Stock	02/02/2017		M	13,641	A	\$ 26.67	136,692.045	D			
NBT Bancorp Inc. Common Stock	02/02/2017		S	13,641	D	\$ 39.7339	123,051.045	D			
NBT							19,280.595	I	401k		

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Inc.

Common

Stock

NBT

Bancorp

Custodian Inc. 340 I for Minor Common

Stock

NBT

Bancorp **NBT** 10,731.723 I Bancorp Inc. Common **ESOP**

Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02) required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amor Underlying Secur (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Am or Num of S
Non-Qualified Stock Option (right to buy)	\$ 26.67	02/02/2017		M	13,641	01/31/2017	09/14/2025	NBT Bancorp Inc. Common Stock	13
Non-Qualified Stock Option (right to buy)	\$ 28.01					01/31/2017	05/12/2026	NBT Bancorp Inc. Common Stock	26
Non-Qualified Stock Option (right to buy)	\$ 29.97					01/31/2017	07/27/2026	NBT Bancorp Inc. Common	20

Stock

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

DIETRICH MARTIN A
52 SOUTH BROAD STREET X
NORWICH, NY 13815

Signatures

By: F. Sheldon Prentice, Power of Attorney For: Martin A.

Dietrich 02/03/2017

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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