

ADAMS RESOURCES & ENERGY, INC.  
Form SC 13D  
April 17, 2014

SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

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SCHEDULE 13D

Under the Securities Exchange Act of 1934  
(Amendment No. 1)\*

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ADAMS RESOURCES & ENERGY, INC.  
(Name of Issuer)

Common Stock, par value \$0.10 per share  
(Title of Class of Securities)

006351 308  
(CUSIP Number)

Richard B. Abshire  
Adams Resources & Energy, Inc.  
17 South Briar Hollow Lane  
Houston, Texas 77027  
Tel: (713) 881-3600

(Name, Address and Telephone Number of Person Authorized to Receive Notices and Communications)

April 17, 2014  
(Date of Event which Requires Filing of this Statement)

If the filing person has previously filed a statement on Schedule 13G to report the acquisition that is the subject of this Schedule 13D, and is filing this schedule because of §§240.13d-1(e), 240.13d-1(f) or 240.13d-1(g), check the following box:

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Note: Schedules filed in paper format shall include a signed original and five copies of the schedule, including all exhibits. See §240.13d-7 for other parties to whom copies are to be sent.

\* The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter disclosures provided in a prior cover page.

The information required on the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).

(Continued on following pages)

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Schedule 13D

Common Stock CUSIP No. 006351 308

1 NAME OF REPORTING PERSON

Susan Adams Smith

2 CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP

(a)

(b)

3 SEC USE ONLY

4 SOURCE OF FUNDS

00 (see Item 3)

5 CHECK BOX IF DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED PURSUANT TO ITEMS 2(d) OR 2(e)

6 CITIZENSHIP OR PLACE OF ORGANIZATION

United States

7 SOLE VOTING POWER

3,801 Common Stock

NUMBER OF SHARES BENEFICIALLY OWNED BY EACH REPORTING PERSON

8 SHARED VOTING POWER

WITH

1,976,928 Common Stock

9 SOLE DISPOSITIVE POWER

3,801 Common Stock

1010 SHARED DISPOSITIVE POWER

1,976,928 Common Stock

11 AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON (1)

1,980,729(1) Common Stock

12 CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES

13     <sup>o</sup>  
PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (11)

46.9% of Common Stock  
14     TYPE OF REPORTING PERSON

IN

(1) Includes 332,653 shares of common stock held in the Estate of Kenneth Stanley Adams, Jr., for which Susan Adams Smith is an executor.

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Schedule 13D

Common Stock CUSIP No. 006351 308

1 NAME OF REPORTING PERSON

Amy Adams Strunk

2 CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP

(a)

(b)

3 SEC USE ONLY

4 SOURCE OF FUNDS

00 (see Item 3)

5 CHECK BOX IF DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED PURSUANT TO ITEMS 2(d) OR 2(e)

6 CITIZENSHIP OR PLACE OF ORGANIZATION

United States

7 SOLE VOTING POWER

NUMBER OF SHARES BENEFICIALLY OWNED BY EACH REPORTING PERSON

WITH

1,976,928 Common Stock

9 SOLE DISPOSITIVE POWER

10 SHARED DISPOSITIVE POWER

1,976,928 Common Stock

11 AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON (1)

1,976,928(1) Common Stock

12 CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES

13 PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (11)

46.8% of Common Stock

14 TYPE OF REPORTING PERSON

IN

- (1) Includes 332,653 shares of common stock held in the Estate of Kenneth Stanley Adams, Jr., for which Amy Adams Strunk is an executor.
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Schedule 13D

Common Stock CUSIP No. 006351 308

1 NAME OF REPORTING PERSON

Kenneth Stanley Adams, IV

2 CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP

(a)

(b)

3 SEC USE ONLY

4 SOURCE OF FUNDS

00 (see Item 3)

5 CHECK BOX IF DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED PURSUANT TO ITEMS 2(d) OR 2(e)

6 CITIZENSHIP OR PLACE OF ORGANIZATION

United States

7 SOLE VOTING POWER

30,725 Common Stock

NUMBER OF SHARES BENEFICIALLY OWNED BY EACH REPORTING PERSON

8 SHARED VOTING POWER

OWNED BY EACH REPORTING PERSON

1,976,928 Common Stock

WITH

9 SOLE DISPOSITIVE POWER

30,725 Common Stock

S10 SHARED DISPOSITIVE POWER

1,976,928 Common Stock

11 AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON (1)

2,007,653(1) Common Stock

12 CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES

13 PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (11)

47.6% of Common Stock

14 TYPE OF REPORTING PERSON

IN

- (1) Includes 332,653 shares of common stock held in the Estate of Kenneth Stanley Adams, Jr., for which Kenneth Stanley Adams IV is an executor.
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Schedule 13D

Common Stock CUSIP No. 006351 308

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1. NAME OF REPORTING PERSON

Barclay Cunningham Adams

2. CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP

(a)

(b)

3. SEC USE ONLY

4. SOURCE OF FUNDS

00 (See Item 3)

5. CHECK BOX IF DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED PURSUANT TO ITEMS 2(d) or 2(e)

6. CITIZENSHIP OR PLACE OF ORGANIZATION

United States

Number of  
Shares

Beneficially  
Owned by  
Each

Reporting  
Person With

7. SOLE VOTING POWER  
31,324 Common Stock

8. SHARED VOTING POWER  
1,644,275 Common Stock

9. SOLE DISPOSITIVE POWER  
31,324 Common Stock

10. SHARED DISPOSITIVE POWER  
1,644,275 Common Stock

11. AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON

1,675,599 Common Stock

12. CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES

13. PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (11)

39.73% OF Common Stock

14. TYPE OF REPORTING PERSON

IN



Schedule 13D

Common Stock CUSIP No. 006351 308

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1. NAME OF REPORTING PERSON

Susan Cunningham Lewis

2. CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP

(a)

(b)

3. SEC USE ONLY

4. SOURCE OF FUNDS

00 (See Item 3)

5. CHECK BOX IF DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED PURSUANT TO ITEMS 2(d) or 2(e)

6. CITIZENSHIP OR PLACE OF ORGANIZATION

United States

Number of  
Shares

Beneficially  
Owned by  
Each

Reporting  
Person With

7.

SOLE VOTING POWER

7,055 Common Stock

8.

SHARED VOTING POWER

1,644,275 Common Stock

9.

SOLE DISPOSITIVE POWER

7,055 Common Stock

10.

SHARED DISPOSITIVE POWER

1,644,275 Common Stock

11. AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON

1,651,330 Common Stock

12. CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES

13. PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (11)

39.15% OF Common Stock

14. TYPE OF REPORTING PERSON

IN



Schedule 13D

Common Stock CUSIP No. 006351 308

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1. NAME OF REPORTING PERSON

KSA Industries, Inc.

2. CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP

(a)

(b)

3. SEC USE ONLY

4. SOURCE OF FUNDS

00 (See Item 3)

5. CHECK BOX IF DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED PURSUANT TO ITEMS 2(d) or 2(e)

6. CITIZENSHIP OR PLACE OF ORGANIZATION

Delaware, United States

Number of  
Shares

7. SOLE VOTING POWER  
0

Beneficially  
Owned by  
Each

8. SHARED VOTING POWER  
1,644,275 Common Stock

9. SOLE DISPOSITIVE POWER  
0

Reporting  
Person With

10. SHARED DISPOSITIVE POWER  
1,644,275 Common Stock

11. AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON

1,644,275 Common Stock

12. CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES

13. PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (11)

38.99% OF Common Stock

14. TYPE OF REPORTING PERSON

CO



Item 1. Security and Issuer

This Amendment No.1 (this "Amendment") statement on Schedule 13D initially filed on November 12, 2013 (the "Schedule D") by the Reporting Persons (as defined below) with respect to the common stock, \$0.10 par value (the "Common Stock") of Adams Resources & Energy, Inc., a Delaware corporation (the "Issuer"). Except as otherwise set forth herein, this Amendment does not modify any of the Reporting Persons in the Schedule 13D.

Item 4. Purpose of Transaction

Item 4 of the Schedule 13D is hereby amended by adding the following paragraph.

On April 8, 2014, Susan Adams Smith, Amy Adams Strunk and Kenneth Stanley Adams, IV, who are the executors of the Estate of Kenneth Stanley Adams, Jr. (the "Estate") met and resolved in their capacities as executors of the Estate to hold in the Estate the common stock of the Issuer previously held by K. S. Adams, Jr., deceased. Mr. Adams death occurred October 21, 2013.

Item 5. Interest in Securities of the Issuer

Item 5 (a,b) of the Schedule 13D is hereby amended by replacing it in its entirety with the following.

(a,b) Regarding aggregate beneficial ownership, see Row 11 of the cover page of each Reporting Person. Regarding percentage beneficial ownership, see Row 13 of the cover page of each Reporting Person. Regarding sole power to vote shares, see Row 7 of the cover page of each Reporting Person. Regarding shared power to vote shares, see Row 8 of the cover page of each Reporting Person. Regarding sole power to dispose of shares, see Row 9 of the cover page of each Reporting Person. Regarding shared power to dispose of shares, see Row 10 of the cover page of each Reporting Person. The percentage listed in Row 13 for each Reporting Person was calculated based on the 4,217,596 Common Stock reported to be outstanding on March 1, 2014 as set forth in the Issuer's Form 10-K for the year ended December 31, 2013.

(c) Except as set forth in Item 4 above, the Reporting Persons have not effected any transaction in the Common Stock of the Issuer during the past 60 days.

(d) No other person is known to have the right to receive or the power to direct the receipt of dividends from, or any proceeds from the sale of, securities beneficially owned by any of the Reporting Persons.

(d) Not applicable

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Signature

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

Date: April 17, 2014

KSA INDUSTRIES, INC.

By: /s/ Richard B. Abshire  
Richard B. Abshire  
Chief Financial Officer

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Barclay Cunningham Adams

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Kenneth Stanley Adams, IV

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Susan Cunningham Lewis

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Susan Adams Smith

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Amy Adams Strunk

\* By: /s/ Richard B. Abshire  
Richard B. Abshire  
Attorney-in-Fact

This Schedule 13D was executed by Richard B. Abshire on behalf of the individuals listed above pursuant to a Power of Attorney a copy of which is attached as Exhibit 99.2 to the Schedule 13D filed on November 22, 2013.



