LAU CONSTANCE H

Form 4

December 09, 2010

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB Number:

3235-0287

Expires:

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SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

may continue. See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * LAU CONSTANCE H

2. Issuer Name and Ticker or Trading Symbol

30(h) of the Investment Company Act of 1940

5. Relationship of Reporting Person(s) to Issuer

HAWAIIAN ELECTRIC

INDUSTRIES INC [HE]

(Check all applicable)

10% Owner

Other (specify

Beneficial

Ownership

(Instr. 4)

(Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year)

X_ Officer (give title below) below)

_X__ Director

P.O. BOX 730

(City)

1.Title of

Security

12/08/2010 4. If Amendment, Date Original

President 6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

(Street) Filed(Month/Day/Year)

(Zip)

HONOLULU, HI 96808-0730

(State)

(State)	Ta Ta	ble I - Non	-Derivative Securities Acc	f, or Beneficially Owned		
2. Transaction Date	2A. Deemed	3.	4. Securities Acquired	5. Amount of	6.	7. Nature of
(Month/Day/Year)	Execution Date, if	Transacti	on(A) or Disposed of (D)	Securities	Ownership	Indirect

(Instr. 3)	(125mm2 ay, 15m)	any (Month/Day/Year)	Code (Instr. 8)			Beneficially Owned Following	Form: Direct (D)		
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	or Indirect (I) (Instr. 4)	
Common Stock	12/08/2010		M	40,000	A	\$ 17.96	281,186.1873	D	
Common Stock	12/08/2010		A	9,408	A	<u>(1)</u>	290,594.1873	D	
Common Stock	12/08/2010		S	700	D	\$ 22.18	289,894.1873	D	
Common Stock	12/08/2010		S	200	D	\$ 22.17	289,694.1873	D	
Common Stock	12/08/2010		S	200	D	\$ 22.16	289,494.1873	D	
	12/08/2010		S	2,300	D		287,194.1873	D	

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Common Stock					\$ 22.15			
Common Stock	12/08/2010	S	400	D	\$ 22.14	286,794.1873	D	
Common Stock	12/08/2010	S	100	D	\$ 22.13	286,694.1873	D	
Common Stock	12/08/2010	S	500	D	\$ 22.12	286,194.1873	D	
Common Stock	12/08/2010	S	600	D	\$ 22.11	285,594.1873	D	
Common Stock	12/08/2010	S	200	D	\$ 22.1	285,394.1873	D	
Common Stock	12/08/2010	S	2,300	D	\$ 22.09	283,094.1873	D	
Common Stock	12/08/2010	S	2,200	D	\$ 22.08	280,894.1873	D	
Common Stock	12/08/2010	S	1,200	D	\$ 22.07	279,694.1873	D	
Common Stock	12/08/2010	S	1,200	D	\$ 22.06	278,494.1873	D	
Common Stock	12/08/2010	S	1,700	D	\$ 22.05	276,794.1873	D	
Common Stock	12/08/2010	S	200	D	\$ 22.04	276,594.1873	D	
Common Stock	12/08/2010	S	600	D	\$ 22.03	275,994.1873	D	
Common Stock	12/08/2010	S	1,100	D	\$ 22.02	274,894.1873	D	
Common Stock	12/08/2010	S	4,405	D	\$ 22.01	270,489.1873	D	
Common Stock	12/08/2010	S	20,595	D	\$ 22	249,894.1873 (2)	D	
Common Stock						82.675 <u>(3)</u>	I	By 401k
Common Stock						7,511.5004 (2)	I	By custodian for children

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

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displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of or Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		Derivative Expiration Date Securities (Month/Day/Year) Acquired (A) or Disposed of (D)		7. Title and A Underlying S (Instr. 3 and	Securiti
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amou or Numb of Sh
Employee Stock Option (right to buy)	\$ 17.96	12/08/2010		M		40,000	<u>(5)</u>	04/23/2011	Common Stock	40,0
Dividend Equivalent Rights	<u>(4)</u>	12/08/2010		A	9,408		<u>(4)</u>	04/23/2011	Common Stock	9,40

Reporting Owners

Reporting Owner Name / Address	Relationships					
1	Director	10% Owner	Officer	Other		
LAU CONSTANCE H						
P.O. BOX 730	X		President			
HONOLULU HI 96808-0730						

Signatures

Chester A. Richardson, Atty-in-fact for Constance
H. Lau

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares acquired as dividend equivalents pursuant to the terms of the Stock Option and Incentive Plan for the period 5/10/01 2/16/05 with a range in price of \$17.995 to \$28.805 (price accommodating 2-for-1 split).
- (2) Includes shares acquired under the Hawaiian Electric Industries, Inc. Dividend Reinvestment and Stock Purchase Plan.
- (3) Represents shares held in the form of stock units in the HEI Common Stock fund pursuant to the Hawaiian Electric Industries Retirement Savings Plan as of December 6, 2010.
- (4) Settlement of dividend equivalent rights in connection with exercise of option. The rights accrued when and as dividends were paid on HEI Comon Stock and became exercisable proportionately with the option to which they related. Each dividend equivalent right is the economic equivalent of one share of HEI Comon Stock. \$11.49 was also paid to the holder to settle a fractional dividend equivalent right

Reporting Owners 3

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of 0.5214.

(5) The option vested in four equal installments on April 23, 2002, April 23, 2003, April 23, 2004 and April 23, 2005.

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