Jones Derek R Form 4 May 20, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

burden hours per

OMB APPROVAL

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005
Estimated average

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

response... 0.5

1(b).

(City)

(State)

(Zip)

(Print or Type Responses)

1. Name and Address of Reporting Person * Jones Derek R			2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer
			SPARTAN STORES INC [SPTN]	(Check all applicable)
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	•
C/O 850 - 76TH STREET SW			(Month/Day/Year) 05/18/2010	Director 10% Owner _X_ Officer (give title Other (specify below) Exec V.P. Wholesale Operations
(Street)			4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check
GRAND RAPIDS, MI 49518			Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned