SpartanNash Co Form 8-K July 20, 2016

#### **UNITED STATES**

#### SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

#### FORM 8-K

#### **CURRENT REPORT**

Pursuant to Section 13 or 15(d) of

the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): July 20, 2016

#### **SPARTANNASH COMPANY**

(Exact Name of Registrant as Specified in Charter)

Michigan 000-31127 38-0593940 (State or Other Jurisdiction (Commission (IRS Employer

of Incorporation) File Number) Identification no.)

850 76<sup>th</sup> Street, S.W. 49518-8700

P.O. Box 8700

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Grand Rapids, Michigan (Address of Principal Executive Offices) (Zip Code) Registrant's telephone number, including area code: (616) 878-2000

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the Registrant under any of the following provisions:

"Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425).

"Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12).

"Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b)).

"Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c)).

## **Item 7.01 Regulation FD Disclosure**

Members of the SpartanNash Company executive management team will make presentations regarding the company's operating strategies and opportunities to analysts and investors on July 25, 2016. Slides accompanying these presentations will be available for fifteen days beginning on July 20, 2016 in the "Investor Relations" section of the Company's website, www.spartannash.com.

The information in this report (including the presentation materials on the company's website) is furnished pursuant to Item 7.01 and shall not be deemed to be "filed" for the purposes of Section 18 of the Securities Exchange Act of 1934 or otherwise subject to the liabilities of that section, nor shall it be deemed incorporated by reference in any filing under the Securities Act of 1933, as amended, except as shall be expressly set forth by specific reference in such a filing. This report will not be deemed an admission as to the materiality of any information in the report that is required to be disclosed solely by Regulation FD. Information in this report is current only as of the date of the presentations.

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### **SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

Date: July 20, 2016 SpartanNash Company

By /s/ Chris Meyers
Chris Meyers
Executive Vice President and Chief Financial Officer