#### FORWARD AIR CORP

Form 4

February 10, 2015

# FORM 4

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

**OMB APPROVAL** OMB 3235-0287

Number:

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Addr BELL RODNE		ing Person *	2. Issuer Name <b>and</b> Ticker or Trading Symbol FORWARD AIR CORP [FWRD]	5. Relationship of Reporting Person(s) to Issuer  (Check all applicable)			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Check all applicable)			
430 AIRPORT ROAD			(Month/Day/Year) 02/06/2015	Director 10% Owner _X Officer (give title Other (specify below)  CFO, SVP & Treasurer			
(Street)			4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check			
GREENEVILI	LE, TN 377	45	Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			

(City)	(State)	(Zip) Ta	ble I - N	Non-	-Derivative	Securi	ities Acquiro	ed, Disposed of, or	Beneficially	Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	TransactionDisposed of Code (Instr. 3, 4 (Instr. 8)			` '		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	12/31/2014		Code	V	Amount 12.8754 (1)	A	\$ 0	72,191.7158	D	
Common Stock	02/06/2015		M		75,000	A	\$ 28.9733	147,191.7158	D	
Common Stock	02/06/2015		F		51,777 (2)	D	\$ 0	95,414.7158	D	
Common Stock	02/06/2015		F(3)		780	D	\$ 0	94,634.7158	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of or Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (Right to Buy)	\$ 28.9733	02/06/2015		M	75,000	<u>(4)</u>	02/14/2015	Common Stock	75,000

## **Reporting Owners**

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

BELL RODNEY L 430 AIRPORT ROAD GREENEVILLE, TN 37745

CFO, SVP & Treasurer

## **Signatures**

/s/ Michael P. McLean, Attorney-in-Fact

02/10/2015

\*\*Signature of Reporting Person

Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes 12.8754 shares acquired under the Issuer's employee stock purchase plan in June and December 2014.
- Represents shares surrendered to the Issuer as payment for the exercise price and withholding taxes associated with the exercise of employee stock option expiring on February 14,2015.
- (3) Restricted stock withheld by Issuer to satisfy minimum tax withholding obligation on vesting of restricted stock.
- At the time of grant, this option was scheduled to vest 25% each year over a four year period commencing on 2/14/06. As of 12/31/05, all options then outstanding became fully exercisable as a result of the Board of Directors accelerating the vesting of all outstanding stock options awarded to employees, officers and non-employee directors under the Company's stock option award plans.

Reporting Owners 2

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