Health Fitness Corp /MN/ Form 5 April 21, 2005

#### **OMB APPROVAL** FORM 5

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue.

### ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

2005 Estimated average burden hours per response... 1.0

3235-0362

January 31,

**OMB** 

Number:

Expires:

See Instruction Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, 1(b). Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section Reported 30(h) of the Investment Company Act of 1940

Form 4

Transactions Reported

| 1. Name and Address of Reporting Person * MUSECH CARY |          |          | 2. Issuer Name <b>and</b> Ticker or Trading Symbol | 5. Relationship of Reporting Person(s) to Issuer            |  |  |
|---|----------|----------|--|---|--|--|
|   |          |          | Health Fitness Corp /MN/ [HFIT]                    | (Check all applicable)                                      |  |  |
| (Last) (First) (Middle)                               |          | (Middle) | 3. Statement for Issuer's Fiscal Year Ended        | ()  |  |  |
|   |          |          | (Month/Day/Year)<br>12/31/2004                     | _X_ DirectorX_ 10% Owner Officer (give title Other (specify |  |  |
| TONKA BA  | Y EQUITY |          | 12/3/1/2001  | below) below)   |  |  |

PARTNERS LLC. 301 CARLSON PARKWAY, SUITE 325

> (Street) 4. If Amendment, Date Original

> > Filed(Month/Day/Year)

6. Individual or Joint/Group Reporting

(check applicable line)

### MINNETONKA, MNÂ 55305

(State)

(Zip)

(City)

Form Filed by One Reporting Person \_X\_ Form Filed by More than One Reporting Person

| (===5)                               | (4)                                  | Table 1 - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned |   |   |  |   |  |  |   |
|--------------------------------------|--------------------------------------|--|---|---|--|---|--|--|---|
| 1.Title of<br>Security<br>(Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed<br>Execution Date, if<br>any<br>(Month/Day/Year)                      | 3.<br>Transaction<br>Code<br>(Instr. 8) | 4. Securi<br>Acquired<br>Disposed<br>(Instr. 3, | l (A) o<br>l of (D<br>4 and<br>(A)<br>or | ) | 5. Amount of<br>Securities<br>Beneficially<br>Owned at end<br>of Issuer's<br>Fiscal Year<br>(Instr. 3 and 4) | 6. Ownership<br>Form: Direct<br>(D) or<br>Indirect (I)<br>(Instr. 4) | 7. Nature of<br>Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
| Common<br>Stock                      | Â                                    | Â  | Â                                       | Â   | Â  | Â | 20,000   | I  | By<br>Bayview<br>Capital<br>Partners<br>LP (1)                    |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table I. Non Devivative Securities Assured Disposed of an Boneficially Or

SEC 2270 (9-02)

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 $\label{thm:convergence} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (e.g., puts, calls, warrants, options, convertible securities) \end{tabular}$ 

| 1. Title of<br>Derivative<br>Security<br>(Instr. 3) | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Date, if<br>any<br>(Month/Day/Year) | 4.<br>Transaction<br>Code<br>(Instr. 8) | 5. Number of<br>Derivative<br>Securities<br>Acquired (A)<br>or Disposed of<br>(D)<br>(Instr. 3, 4,<br>and 5) |     | 6. Date Exercisable and Expiration Date (Month/Day/Year) |                    | 7. Title and Amo<br>Underlying Secur<br>(Instr. 3 and 4) |                 |
|---|---|---|---|---|--|-----|--|--------------------|--|-----------------|
|   |   |   |   |   | (A)  | (D) | Date<br>Exercisable                                      | Expiration<br>Date | Title  | An<br>Nu<br>Sha |
| Warrant<br>(Right to<br>Buy)                        | \$ 0.5  | Â                                       | Â   | Â                                       | Â  | Â   | 12/08/2003   | 12/08/2013         | Common<br>Stock  | 1,3             |
| Series A<br>Convertible<br>Stock                    | \$ 0.5  | Â                                       | Â   | Â                                       | Â  | Â   | 12/08/2003   | (3)                | Common<br>Stock  | 2,0             |
| Director<br>Stock<br>Option<br>(Right to<br>Buy)    | \$ 1.26   | Â                                       | Â   | Â                                       | Â  | Â   | 05/19/2004   | 05/19/2010         | Common<br>Stock  | ]               |
| Director<br>Stock<br>Option<br>(Right to<br>Buy)    | \$ 1.99   | Â                                       | Â   | Â                                       | Â  | Â   | 12/08/2004   | 12/08/2014         | Common<br>Stock  | ]               |
| Series A<br>Convertible<br>Stock                    | \$ 0.5  | 12/31/2003                              | Â   | J4 (2)                                  | 3,781  | Â   | 12/31/2003   | (3)                | Common<br>Stock  |                 |
| Series A<br>Convertible<br>Stock                    | \$ 0.5  | 03/31/2004                              | Â   | J4 (2)                                  | 14,959   | Â   | 03/31/2004   | (3)                | Common<br>Stock  | 2               |
| Series A<br>Convertible<br>Stock                    | \$ 0.5  | 06/30/2004                              | Â   | J4 (2)                                  | 14,959   | Â   | 06/30/2004   | (3)                | Common<br>Stock  | 2               |

| Series A<br>Convertible<br>Stock | \$ 0.5 | 09/30/2004 | Â | J4 (2) | 15,123 Â | 09/30/2004 Â (3) | Common<br>Stock |
|----------------------------------|--------|------------|---|--------|----------|------------------|-----------------|
| Series A<br>Convertible<br>Stock | \$ 0.5 | 12/31/2004 | Â | J4 (2) | 15,123 Â | 12/31/2004 Â (3) | Common<br>Stock |

## **Reporting Owners**

| Reporting Owner Name / Address   | Relationships |           |         |      |  |
|--|---------------|-----------|---------|------|--|
| 1  | Director      | 10% Owner | Officer | Othe |  |
| MUSECH CARY<br>TONKA BAY EQUITY PARTNERS LLC<br>301 CARLSON PARKWAY, SUITE 325<br>MINNETONKA, MN 55305                 | ÂX            | ÂX        | Â       | Â    |  |
| BAYVIEW CAPITAL PARTNERS LP<br>TONKA BAY EQUITY PARTNERS LLC<br>301 CARLSON PARKWAY, SUITE 325<br>MINNETONKA, MN 55305 | Â             | ÂΧ        | Â       | Â    |  |

## **Signatures**

Cary Musech 04/20/2005

\*\*Signature of Reporting Person Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Mr. Musech is the Managing Director of Bayview Capital Management LLC, the General Partner of Bayview Capital Partners LP. The reporting person disclaims beneficial ownership of these securities except to the extent of his pecuniary interest therein, and the inclusion of these shares in this report shall not be deemed an admission of beneficial ownership of all of the reported shares for purposes of Section 16 or for any other purpose.
- The Series A Convertible Preferred Stock issued on December 8, 2003 to Bayview at a price of \$1.00 per share has a stated dividend rate (2) of 6% per year, computed on a simple interest basis, paid in the form of additional shares of Series A Convertible Preferred Stock. Each share of Series A Convertible Preferred Stock may be converted at any time into two shares of common stock.
- (3) Series A Convertible Preferred Stock does not have an expiration date.
- (4) The number of shares of Series A Convertible Preferred Stock has been corrected; initially reported incorrectly on reporting person's Form 3.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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