HOST HOTELS & RESORTS, INC.

Form 4

December 20, 2016

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). The proper subject to See Instruction 1(b). See Instruction 1(b). OMB APPROVAL OMB Number: SECURITIES AND EXCHANGE COMMISSION Number: SECURITIES SECURITIES AND EXCHANGE COMMISSION Number: SECURITIES SECURITIES SECURITIES SECURITIES OMB Number: Sexpires: SEXPI										3235-0287 January 31, 2005 verage s per	
	ddress of Reporting P N JOANNE G.	S:	ymbol	Name and				5. Relationship of l Issuer (Check	Reporting Person all applicable)		
				nte of Earliest Transaction hth/Day/Year) 6/2016				Director 10% Owner Selection Other (specify below) EVP, Human Resources			
				endment, Date Original nth/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
(City)		Zip)	Table	I - Non-D	erivative S	ecurit	ies Acai	Person uired, Disposed of,	or Reneficiall	v Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deeme Execution I any (Month/Day	ed Date, if	3.	4. Securition(A) or Dis (Instr. 3, 4	ies Acc sposed 4 and 5 (A) or	quired of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect	
Common Stock	12/16/2016			S S	20,000	(D)	Price \$ 19.01	27,893	D		
Restricted Stock								50,136	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

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$\label{thm:convergence} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (e.g., puts, calls, warrants, options, convertible securities) \end{tabular}$

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		e	7. Title and A Underlying S (Instr. 3 and	Securities
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Non-Qualified Stock Option (right to buy)	\$ 0					12/31/2012	01/20/2022	Common Stock	3,782
Non-Qualified Stock Option (right to buy)	\$ 0					02/05/2013	02/05/2023	Common Stock	6,631
Non-Qualified Stock Option (right to buy)	\$ 0					01/22/2014	01/22/2024	Common Stock	7,249
Non-Qualified Stock Option (right to buy)	\$ 0					12/31/2015	01/15/2025	Common Stock	6,551
Non-Qualified Stock Option (right to buy)	\$ 0					12/31/2016	02/04/2026	Common Stock	15,254

Reporting Owners

**Signature of Reporting Person

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
HAMILTON JOANNE G. 6903 ROCKLEDGE DRIVE SUITE 1500 BETHESDA, MD 20817			EVP, Human Resources				
Signatures							
By: Elizabeth A. Abdoo For: Jo Hamilton	oanne G.		12/20/2016				

Reporting Owners 2

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.