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ST MARY LAND & EXPLORATION CO

Form 4 March 03, 2008

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Number: January 31, Expires: 2005

OMB APPROVAL

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,

burden hours per response...

Estimated average

See Instruction 1(b).

Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

0.5

(City)

(Print or Type Responses)

1. Name and Address of Reporting Person * MUELLER MARK D			2. Issuer Name and Ticker or Trading Symbol ST MARY LAND & EXPLORATION CO [SM]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last) 1776 LINCOI 700	(First) LN STREET	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 02/28/2008	Director 10% Owner Nother (give title Other (specify below) Sr. VP & Regional Manager		
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person		
DENVER, CO	80203			Form filed by More than One Reporting Person		

Table I Non Doningtine Committee Acc	mired. Disposed of, or Reneficially Owned
Table 1 - Non-Derivative Securities Aco	illirea. Disbosea of or Beneficially Ownea

		Table 1 - Non-Derivative Securities Acquired, Disposed of, of Beneficiary Ov							
1.Title of Security	2. Transaction Date (Month/Day/Year)			4. Securities ionAcquired (A) or			5. Amount of Securities	6. Ownership Form: Direct	7. Nature of Indirect
(Instr. 3)		any (Month/Day/Year)	Code Disposed of (D)		*	Beneficially (D) or Owned Indirect (I) Following (Instr. 4) Reported Transaction(s)		Beneficial Ownership (Instr. 4)	
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)		
Common Stock; \$.01 Par Value	02/28/2008		M	1,534	A	<u>(1)</u>	1,534	D	
Common Stock; \$.01 Par Value	02/28/2008		M	186	A	<u>(2)</u>	1,720	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

(Zip)

(State)

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number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Restricted Stock Units	(1)	02/28/2008		M		1,534	02/28/2008	02/28/2008	Common Stock	1,534
Restricted Stock Units	(2)	02/28/2008		A	741		(2)	<u>(2)</u>	Common Stock	741
Restricted Stock Units	<u>(2)</u>	02/28/2008		M		186	02/28/2008	02/28/2008	Common Stock	186

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

MUELLER MARK D 1776 LINCOLN STREET SUITE 700 DENVER, CO 80203

Sr. VP & Regional Manager

Signatures

Karin M. Writer (Attorney-In-Fact) 03/03/2008

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Each restricted stock unit represents a contingent right to receive one share of stock. This is a special restricted stock unit grant that vests in three equal installments beginning on September 10, 2007. The vested shares were issued to the reporting person on February 28, 2008, at which time all restrictions on the vested shares lapsed.

(2)

Reporting Owners 2

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Each restricted stock unit represents a contingent right to receive one share of stock. The restricted stock units were granted on February 28, 2008, are associated with fiscal 2007, and vest in four equal installments beginning on the grant date. The vested shares were issued to the reporting person on February 28, 2008, at which time all restrictions on the vested shares lapsed.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.