

CROATTI CYNTHIA
 Form 4
 July 08, 2009

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549**

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
CROATTI CYNTHIA

2. Issuer Name and Ticker or Trading Symbol
UNIFIRST CORP [UNF]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
68 JONSPIN ROAD

3. Date of Earliest Transaction (Month/Day/Year)
07/08/2009

Director 10% Owner
 Officer (give title below) Other (specify below)
Executive VP & Treasurer

(Street)
WILMINGTON, MA 01887

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount (A) or Price (D)		
Common Stock	07/08/2009		M		1,400 A \$ 17.55	3,400 ⁽¹⁾	D
Common Stock	07/08/2009		M		1,400 A \$ 19.93	4,800 ⁽¹⁾	D
Common Stock	07/08/2009		M		1,400 A \$ 24.35	6,200 ⁽¹⁾	D
Common Stock	07/08/2009		M		1,400 D \$ 38.25	4,800 ⁽¹⁾	D
Common Stock	07/08/2009		M		1,400 D \$ 38.2	3,400 ⁽¹⁾	D

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Common Stock	07/08/2009	M	1,400	D	\$ 38.15	2,000 ⁽¹⁾	D	
Common Stock	07/08/2009	M	200	D	\$ 38.45	1,800 ⁽¹⁾	D	
Common Stock	07/08/2009	M	1,800	D	\$ 38.4	0	D	
Common Stock						68,534 ⁽²⁾	I	By LLC
Class B Common Stock						84,107 ⁽³⁾	I	By Trust
Common Stock						12,000 ⁽⁴⁾	I	By Trust
Class B Common Stock						19,069 ⁽⁵⁾	I	By Trust
Class B Common Stock						2,152,152 ⁽⁶⁾	I	By Partnership
Class B Common Stock						1,021,748 ⁽⁷⁾	I	By Partnership

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Amount or Number of Shares
Common stock	\$ 17.55	07/08/2009		M	1,400	⁽⁸⁾ 10/31/2009	Common Stock	1,400

option
(right to
buy)

Common
stock

option (right to buy)	\$ 19.93	07/08/2009		M	1,400	<u>(9)</u>	01/14/2011	Common Stock	1,400
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Common
stock

option (right to buy)	\$ 24.35	07/08/2009		M	1,400	<u>(10)</u>	11/04/2011	Common Stock	1,400
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Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
CROATTI CYNTHIA 68 JONSPIN ROAD WILMINGTON, MA 01887	X	X	Executive VP & Treasurer	

Signatures

/s/ David Whitman, Attorney-in-Fact	07/08/2009
<u> </u> Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) See footnote 1 to addendum.
- (2) See footnote 2 to addendum.
- (3) See footnote 3 to addendum.
- (4) See footnote 4 to addendum.
- (5) See footnote 5 to addendum.
- (6) See footnote 6 to addendum.
- (7) See footnote 7 to addendum.
- (8) See footnote 8 to addendum.
- (9) See footnote 9 to addendum.
- (10) See footnote 10 to addendum.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.