MOOG INC. Form 4 November 19, 2013

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

OMB
3235-0287

Check this box if no longer STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

Symbol

Number: January 31,

0.5

if no longer subject to Section 16. Form 4 or Form 5

obligations

Estimated average burden hours per

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

SECURITIES

response...

5. Relationship of Reporting Person(s) to

Ι

I

Ι

9.037

152,000

80,000

Foods

Seneca

Foods

Pension Trust

Seneca

Foods

Pension

Foundation

Issuer

may continue. See Instruction

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

1(b).

Common

Class A

Class B

(2)

Common

Common

(1)

(Print or Type Responses)

KAYSER KRAIG H

1. Name and Address of Reporting Person *

			MOOG INC. [MOGA/MOGB]				3]	(Check all applicable)			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction								
3736 SOUTH MAIN STREET (Month/ 11/18/2			Day/Year) 2013				_X_ Director 10% Owner Officer (give title below) Other (specify below)				
	(Street)	4. If Amo	endment, Date Original				6. Individual or Joint/Group Filing(Check				
Filed(Mon MARION, NY 14505				onth/Day/Year)				Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Tab	le I - Non-	Derivative	e Secu	rities Ac	quired, Disposed	of, or Benefic	ially Owned	
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)	Execution any		3. Transaction Code (Instr. 8)	4. Securi on(A) or D (Instr. 3,	ispose 4 and (A) or	d of (D) 5) Price	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Class A Common	11/18/2013			M	1,687	A	\$ 19.74	18,453	D		
Class A										Seneca	

Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

	(e.g., puts, calls, warrants, options, convertible securities)									
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transaction Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Option to Buy	\$ 19.74	11/18/2013		M		1,687	12/02/2004	12/02/2013	Class A Common	1,687
Option to Buy	\$ 28.01						11/30/2005	11/30/2014	Class A Common	1,537
Option to Buy	\$ 28.94						11/29/2006	11/29/2015	Class A Common	1,538
Option to Buy	\$ 36.67						11/28/2007	11/28/2016	Class A Common	1,538
Option to Buy	\$ 42.45						11/26/2008	11/26/2017	Class A Common	1,538
SAR (4)	\$ 35.12						10/31/2009	10/31/2018	Class A Common	1,500
SAR (4)	\$ 26.66						12/01/2010	12/01/2019	Class A Common	1,125
SAR (4)	\$ 36.86						11/30/2011	11/30/2020	Class A Common	1,500
SAR (4)	\$ 41.82						11/30/2012	11/30/2021	Class A Common	1,500

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SAR <u>(4)</u>	\$ 36.41	11/27/2013	11/27/2022	Class A Common	1,500
SAR	\$ 61.69	11/11/2014	11/11/2023	Class A Common	2,000

Reporting Owners

Reporting Owner Name / Address	Relationships						
•	Director	10% Owner	Officer	Other			
KAYSER KRAIG H							
3736 SOUTH MAIN STREET	X						
MARION, NY 14505							

Signatures

Timothy P. Balkin, as Power of Attorney for Kraig H.
Kayser

11/19/2013

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Owned by Seneca Foods Foundation of which Mr. Kayser is an officer, director and shareholder. Mr. Kayser disclaims any beneficial interest in these shares.
- Owned by Seneca Foods Corporation Employee's Pension Trust, of which Mr. Kayser is a beneficiary and one of the trustees with joint voting power. Mr. Kayser's beneficial interest is limited to receiving certain retirement benefits from employment.
- (3) Option to buy granted under the 1998/2003 Incentive Stock Option Plan.
- (4) Stock Appreciation Right (SAR) granted under the 2008 Stock Appreciation Rights Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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